



Mix-Easy Rolled Sugar Cookies

 Dairy Free

READY IN



60 min.

SERVINGS



42

CALORIES



151 kcal

DESSERT

Ingredients

- 0.3 cup butter softened
- 1 eggs
- 42 servings purple gel food coloring
- 0.5 cup shortening
- 42 servings sugar
- 1 teaspoon almond extract
- 1 cup vanilla frosting betty crocker®
- 1 box cake mix white betty crocker® supermoist®

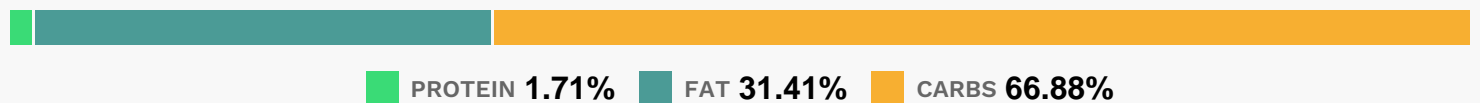
Equipment

- bowl
- baking sheet
- oven
- wire rack
- hand mixer
- toothpicks
- cookie cutter
- microwave
- rolling pin

Directions

- Heat oven to 375°F (350°F for dark or nonstick cookie sheets). In large bowl, beat cake mix, shortening, butter, vanilla and egg with electric mixer on low speed 30 seconds, then on high speed 1 minute.
- Divide dough into 4 equal parts.
- Roll each part 1/8 inch thick on lightly floured cloth-covered surface with cloth-covered rolling pin.
- Cut with 2 1/2-inch cookie cutters into desired shapes; sprinkle with sugar. On ungreased cookie sheet, place 2 inches apart.
- Bake 5 to 7 minutes or until light brown. Cool 1 minute; remove from cookie sheet to cooling rack. In microwavable bowl, microwave frosting uncovered on High 20 to 30 seconds or until melted; stir. Frost cookies. Stir together small amounts of water and food color. Paint colors on freshly frosted cookies, using fine-tip brush, then swirl colors with brush or toothpick to create marbled designs. Dry completely before storing.

Nutrition Facts



Properties

Glycemic Index:2.69, Glycemic Load:9.95, Inflammation Score:-1, Nutrition Score:1.3513043334951%

Nutrients (% of daily need)

Calories: 150.78kcal (7.54%), Fat: 5.35g (8.24%), Saturated Fat: 1.34g (8.4%), Carbohydrates: 25.65g (8.55%), Net Carbohydrates: 25.52g (9.28%), Sugar: 20.57g (22.85%), Cholesterol: 3.9mg (1.3%), Sodium: 113.91mg (4.95%), Alcohol: 0.03g (100%), Alcohol %: 0.12% (100%), Protein: 0.66g (1.31%), Phosphorus: 44.95mg (4.49%), Vitamin B2: 0.05mg (2.99%), Calcium: 28.4mg (2.84%), Vitamin E: 0.41mg (2.71%), Folate: 9.56µg (2.39%), Vitamin K: 2.33µg (2.22%), Selenium: 1.46µg (2.08%), Vitamin B1: 0.03mg (1.89%), Vitamin B3: 0.31mg (1.54%), Iron: 0.27mg (1.53%), Vitamin A: 70.1IU (1.4%), Manganese: 0.03mg (1.31%)