



Mix 'n Match Party Cheese Ball

READY IN



75 min.

SERVINGS



26

CALORIES



223 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

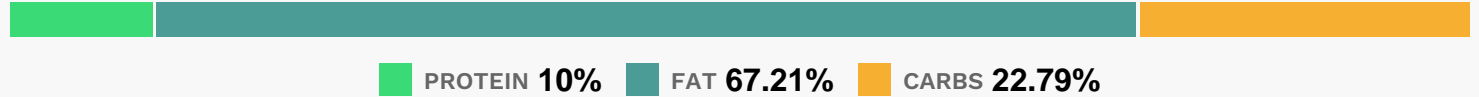
- 4 slices oscar mayer bacon crumbled cooked
- 16 oz philadelphia cream cheese softened
- 1 cup planters deluxe nuts mixed chopped
- 26 servings ritz crackers
- 8 oz sharp cheddar cheese shredded kraft
- 2 tsp lea & perrins worcestershire sauce

Equipment

Directions

- Mix all ingredients except nuts and crackers.
- Refrigerate 1 hour.
- Shape into ball; roll in nuts.
- Serve with the crackers.

Nutrition Facts



Properties

Glycemic Index:3.22, Glycemic Load:0.59, Inflammation Score:-3, Nutrition Score:5.2708695365683%

Nutrients (% of daily need)

Calories: 222.74kcal (11.14%), Fat: 16.87g (25.96%), Saturated Fat: 6.9g (43.14%), Carbohydrates: 12.87g (4.29%), Net Carbohydrates: 12.01g (4.37%), Sugar: 2.03g (2.26%), Cholesterol: 28.58mg (9.53%), Sodium: 282.02mg (12.26%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 5.65g (11.29%), Phosphorus: 131.54mg (13.15%), Calcium: 107.77mg (10.78%), Manganese: 0.2mg (9.84%), Vitamin K: 8.58µg (8.17%), Vitamin B2: 0.14mg (7.97%), Selenium: 5.39µg (7.7%), Vitamin B1: 0.1mg (6.53%), Vitamin A: 324.15IU (6.48%), Vitamin B3: 1.2mg (6%), Iron: 0.99mg (5.51%), Vitamin E: 0.79mg (5.26%), Zinc: 0.76mg (5.04%), Magnesium: 19.89mg (4.97%), Copper: 0.1mg (4.95%), Folate: 17.73µg (4.43%), Fiber: 0.87g (3.47%), Vitamin B5: 0.28mg (2.8%), Potassium: 92.24mg (2.64%), Vitamin B6: 0.05mg (2.54%), Vitamin B12: 0.15µg (2.46%)