



Mocha Angel Squares

READY IN



45 min.

SERVINGS



6

CALORIES



1059 kcal

BEVERAGE

DRINK

Ingredients

- 10.5 ounce angel food cake loaf
- 0.5 cup butter softened
- 0.8 cup mrs richardson's butterscotch caramel sauce
- 0.8 cup chocolate sauce
- 2 teaspoons coffee granules instant
- 3.5 ounce macadamias chopped
- 2 cups powdered sugar sifted
- 1 quart whipped cream
- 2 teaspoons water hot

Equipment

hand mixer

Directions

Dissolve coffee granules in 2 teaspoons hot water.

Beat butter at medium speed with an electric mixer until creamy; gradually add sugar, beating until light and fluffy.

Add coffee, and beat until spreading consistency. Set frosting aside.

Trim crust from cake.

Cut cake into 6 (2 1/2- x 2 1/2- x 1-inch) squares.

Spread frosting on top and sides of squares; roll in nuts. Top with ice cream, and drizzle with sauces.

*3/4 cup chopped dry-roasted peanuts macadamias.

Nutrition Facts



PROTEIN 4.49% **FAT 40.53%** **CARBS 54.98%**

Properties

Glycemic Index:20.17, Glycemic Load:22.12, Inflammation Score:-7, Nutrition Score:15.178260943164%

Nutrients (% of daily need)

Calories: 1059.16kcal (52.96%), Fat: 48.75g (75.01%), Saturated Fat: 23.96g (149.76%), Carbohydrates: 148.82g (49.61%), Net Carbohydrates: 145.13g (52.77%), Sugar: 117.78g (130.87%), Cholesterol: 110.45mg (36.82%), Sodium: 730.98mg (31.78%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 13.13mg (4.38%), Protein: 12.15g (24.29%), Manganese: 0.89mg (44.47%), Phosphorus: 365.23mg (36.52%), Vitamin B2: 0.54mg (32.03%), Calcium: 295.54mg (29.55%), Vitamin A: 1162.94IU (23.26%), Vitamin B1: 0.31mg (20.86%), Selenium: 12.74µg (18.2%), Magnesium: 68.69mg (17.17%), Potassium: 585.41mg (16.73%), Copper: 0.33mg (16.54%), Fiber: 3.69g (14.76%), Vitamin E: 2.02mg (13.47%), Vitamin B12: 0.74µg (12.26%), Vitamin B5: 1.21mg (12.07%), Zinc: 1.71mg (11.37%), Iron: 1.4mg (7.79%), Vitamin B6: 0.13mg (6.6%), Folate: 18.81µg (4.7%), Vitamin B3: 0.87mg (4.33%), Vitamin K: 2.8µg (2.67%), Vitamin D: 0.32µg (2.1%), Vitamin C: 1.36mg (1.65%)