

Mocha Chip Scones

READY IN



40 min.

SERVINGS



12

CALORIES



363 kcal

MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

- ☐ 3.5 cups baking mix
- ☐ 0.8 cup chocolate chips
- ☐ 0.3 cup hot-brewed coffee cooled brewed (recommended: Folgers Gourmet Supreme Roast Coffee)
- ☐ 2 large eggs lightly beaten
- ☐ 1 tablespoon heavy cream
- ☐ 2 tablespoons heavy cream
- ☐ 0.8 cup baking chips white
- ☐ 0.5 cup sugar
- ☐ 12 servings sanding sugar white

☐ 1 teaspoon vanilla extract

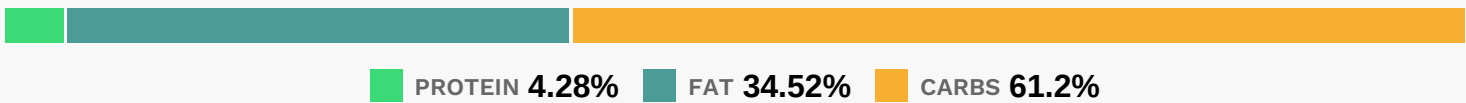
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ mixing bowl

Directions

- ☐ Preheat oven to 350 degrees F.
- ☐ In a small bowl, combine coffee, cream, 1 egg, and vanilla extract; set aside.
- ☐ In a large mixing bowl, combine baking mix, sugar, white baking, and chocolate chips.
- ☐ Add wet ingredients to dry ingredients and work into a crumbly dough. On a lightly floured surface, form dough into a 9-inch disk (approximately 1/2-inch thick).
- ☐ Cut into 12 wedges and place on ungreased cookie sheet. Set aside.
- ☐ In a small bowl, combine 1 tablespoon cream and remaining beaten egg.
- ☐ Brush tops of scones with egg mixture and sprinkle with sanding sugar.
- ☐ Bake for 18 to 20 minutes or until golden brown.
- ☐ Serve warm with butter!

Nutrition Facts



Properties

Glycemic Index:11.68, Glycemic Load:14.19, Inflammation Score:-2, Nutrition Score:5.8082608256651%

Nutrients (% of daily need)

Calories: 362.51kcal (18.13%), Fat: 14.19g (21.83%), Saturated Fat: 6.77g (42.32%), Carbohydrates: 56.6g (18.87%), Net Carbohydrates: 55.11g (20.04%), Sugar: 30.98g (34.42%), Cholesterol: 35.94mg (11.98%), Sodium: 459.78mg (19.99%), Alcohol: 0.11g (100%), Alcohol %: 0.15% (100%), Protein: 3.96g (7.93%), Phosphorus: 223.59mg (22.36%), Vitamin B1: 0.21mg (13.74%), Vitamin B2: 0.21mg (12.12%), Folate: 47.92µg (11.98%), Iron: 1.67mg (9.28%), Vitamin B3:

1.61mg (8.05%), Calcium: 78.17mg (7.82%), Selenium: 5.42µg (7.74%), Manganese: 0.12mg (6.2%), Fiber: 1.49g (5.95%), Vitamin B5: 0.46mg (4.59%), Vitamin B12: 0.22µg (3.61%), Copper: 0.06mg (3.1%), Potassium: 107.57mg (3.07%), Magnesium: 10.2mg (2.55%), Vitamin K: 2.42µg (2.31%), Zinc: 0.33mg (2.2%), Vitamin B6: 0.04mg (2.11%), Vitamin A: 101.53IU (2.03%), Vitamin D: 0.23µg (1.51%), Vitamin E: 0.17mg (1.12%)