

Mocha Cola

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



1 min.

SERVINGS



1

CALORIES



225 kcal

BEVERAGE

DRINK

Ingredients

- 2 fluid ounces rum / brandy / coffee liqueur flavored
- 2 fluid ounces cola-flavored carbonated beverage

Equipment

Directions

- Fill a highball glass to 3/4 with ice.
- Pour in coffee liqueur and cola. Stir.

Nutrition Facts

■ PROTEIN 0.3% ■ FAT 1.26% ■ CARBS 98.44%

Properties

Glycemic Index:63, Glycemic Load:3.56, Inflammation Score:-1, Nutrition Score:0.058695651266886%

Nutrients (% of daily need)

Calories: 224.73kcal (11.24%), Fat: 0.19g (0.29%), Saturated Fat: 0.06g (0.37%), Carbohydrates: 33.33g (11.11%), Net Carbohydrates: 33.33g (12.12%), Sugar: 32.98g (36.65%), Cholesterol: 0mg (0%), Sodium: 7.1mg (0.31%), Alcohol: 12.83g (100%), Alcohol %: 13.75% (100%), Caffeine: 4.73mg (1.58%), Protein: 0.1g (0.2%)