



Mocha Cream Pie

READY IN



45 min.

SERVINGS



8

CALORIES



605 kcal

DESSERT

Ingredients

- 7 ounces chocolate sandwich cookies (17)
- 0.3 cup cocoa powder sifted
- 1 Tbsp gelatin powder unflavored
- 2 cups heavy cream
- 8 oz block semisweet chocolate
- 0.5 cup strong coffee decoction hot brewed
- 0.7 cup sugar
- 4 tablespoons butter unsalted melted
- 0.5 cup water boiling

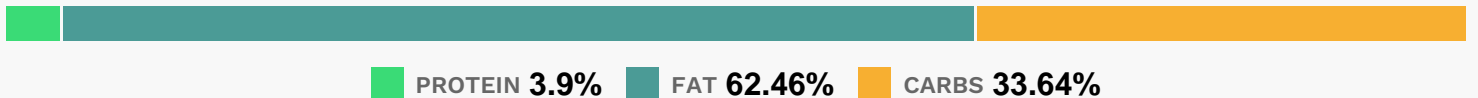
Equipment

- food processor
- bowl
- oven
- peeler
- pie form

Directions

- Make crust: Preheat oven to 350F. Finely grind cookies in a food processor.
- Mix in butter and press evenly into a 9-inch pie pan or 4 (5-inch) mini pans. Chill for 15 minutes.
- Bake until set, 10 to 12 minutes. Cool on a rack.
- Make filling: In a bowl, mix espresso, 1/2 cup boiling water and 1/3 cup sugar until sugar is dissolved.
- Sprinkle gelatin over mixture; stir until dissolved. Chill until slightly thickened but not set, about 1 hour.
- In a bowl, whip 1 cup cream until thickened.
- Add 1/3 cup sugar and cocoa; beat until soft peaks form. Fold in espresso mixture.
- Pour filling into crust; smooth top. Chill until set, at least 1 hour or up to 1 day.
- Before serving, whip 1 cup cream with 1 Tbsp. sugar.
- Spread on pie. Using a peeler, shave chocolate curls onto pie.

Nutrition Facts



Properties

Glycemic Index:8.76, Glycemic Load:11.64, Inflammation Score:-7, Nutrition Score:11.314347886521%

Flavonoids

Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 5.28mg, Epicatechin: 5.28mg, Epicatechin: 5.28mg, Epicatechin: 5.28mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.28mg, Quercetin: 0.28mg, Quercetin: 0.28mg, Quercetin: 0.28mg

Nutrients (% of daily need)

Calories: 605.11kcal (30.26%), Fat: 43.18g (66.43%), Saturated Fat: 25.15g (157.16%), Carbohydrates: 52.32g (17.44%), Net Carbohydrates: 48.34g (17.58%), Sugar: 38.92g (43.25%), Cholesterol: 83.99mg (28%), Sodium: 119.4mg (5.19%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 37.73mg (12.58%), Protein: 6.07g (12.14%), Manganese: 0.65mg (32.64%), Iron: 5.25mg (29.15%), Copper: 0.57mg (28.45%), Vitamin A: 1064.25IU (21.29%), Magnesium: 80.05mg (20.01%), Fiber: 3.98g (15.93%), Phosphorus: 153.48mg (15.35%), Vitamin B2: 0.21mg (12.36%), Vitamin K: 11.31µg (10.78%), Vitamin E: 1.49mg (9.96%), Potassium: 325.57mg (9.3%), Selenium: 6.36µg (9.08%), Zinc: 1.27mg (8.5%), Vitamin D: 1.06µg (7.05%), Calcium: 68.56mg (6.86%), Vitamin B3: 1.01mg (5.06%), Vitamin B1: 0.07mg (4.97%), Folate: 19.14µg (4.79%), Vitamin B5: 0.36mg (3.64%), Vitamin B12: 0.16µg (2.64%), Vitamin B6: 0.04mg (1.99%)