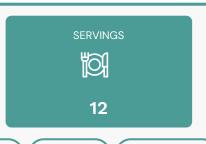


Mocha Streusel Coffee Cake







MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

0.5 teaspoon almond extract
2 teaspoons double-acting baking powder
0.3 teaspoon baking soda
0.3 cup brown sugar packed
1 cup butter softened
3 eggs
2 tablespoons flour all-purpose
2.8 cups flour, all-purpose

1 cup granulated sugar

	1 teaspoon ground cinnamon	
	1 tablespoon coffee instant	
	0.5 cup pecans chopped	
	0.3 teaspoon salt	
	0.7 cup semisweet chocolate chips miniature	
	8 oz cream sour	
Equipment		
	bowl	
	frying pan	
	oven	
	wire rack	
	hand mixer	
	toothpicks	
	cake form	
Directions		
	Heat oven to 350F. Spray 10-inch angel food (tube) cake pan with removable bottom with cooking spray. In small bowl, mix all streusel ingredients; set aside.	
	In another small bowl, mix 2 3/4 cups flour, the baking powder, cinnamon, baking soda and salt; set aside.	
	In large bowl, beat granulated sugar and butter with electric mixer on medium speed, scraping bowl constantly, until light and fluffy. Beat in almond extract.	
	Add eggs, one at a time, beating well after each addition.	
	Add half of the flour mixture; beat on low speed just until combined. Beat in sour cream until well blended. Beat in remaining flour mixture.	
	Spoon half of the batter into pan; spread evenly.	
	Sprinkle with half of the streusel. Top with remaining batter and streusel.	
	Bake 55 to 65 minutes or until toothpick inserted in center comes out clean. Cool upright in pan on cooling rack 1 hour.	



Nutrition Facts

PROTEIN 5.1% 📕 FAT 51.29% 📒 CARBS 43.61%

Properties

Glycemic Index:27.26, Glycemic Load:28.33, Inflammation Score:-7, Nutrition Score:10.197826128939%

Flavonoids

Cyanidin: 0.49mg, Cyanidin: 0.49mg, Cyanidin: 0.49mg, Cyanidin: 0.49mg Delphinidin: 0.33mg, Delphinidin: 0.33mg, Delphinidin: 0.33mg, Delphinidin: 0.33mg, Catechin: 0.33mg, Catechin: 0.33mg, Catechin: 0.33mg, Catechin: 0.33mg, Catechin: 0.26mg, Epigallocatechin: 0.26mg, Epigallocatechin: 0.26mg, Epigallocatechin: 0.26mg, Epigallocatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg

Nutrients (% of daily need)

Calories: 495.57kcal (24.78%), Fat: 28.6g (43.99%), Saturated Fat: 8.64g (53.98%), Carbohydrates: 54.71g (18.24%), Net Carbohydrates: 52.32g (19.03%), Sugar: 28.36g (31.51%), Cholesterol: 52.86mg (17.62%), Sodium: 345.75mg (15.03%), Alcohol: 0.06g (100%), Alcohol %: 0.06% (100%), Caffeine: 24.39mg (8.13%), Protein: 6.39g (12.78%), Manganese: 0.63mg (31.45%), Selenium: 15.72µg (22.46%), Vitamin B1: 0.28mg (18.6%), Vitamin A: 863.4IU (17.27%), Folate: 62.27µg (15.57%), Iron: 2.7mg (14.98%), Vitamin B2: 0.25mg (14.87%), Copper: 0.28mg (13.92%), Phosphorus: 135.77mg (13.58%), Vitamin B3: 2.09mg (10.43%), Magnesium: 41.2mg (10.3%), Fiber: 2.38g (9.54%), Calcium: 93.45mg (9.35%), Zinc: 0.98mg (6.51%), Vitamin E: 0.94mg (6.24%), Potassium: 196.2mg (5.61%), Vitamin B5: 0.47mg (4.67%), Vitamin B12: 0.18µg (3%), Vitamin B6: 0.06mg (2.91%), Vitamin K: 1.57µg (1.5%), Vitamin D: 0.22µg (1.47%)