

## Mocha Torte

READY IN



25 min.

SERVINGS



16

CALORIES



407 kcal

DESSERT

### Ingredients

- ☐ 18.3 ounce devil's food cake mix with pudding
- ☐ 1 cup butter softened
- ☐ 2 tablespoons cocoa
- ☐ 16 servings garnishes: grapes and strawberries fresh
- ☐ 0.3 cup coffee granules instant divided
- ☐ 2 cups powdered sugar
- ☐ 1.3 cups water
- ☐ 2 tablespoons whipping cream

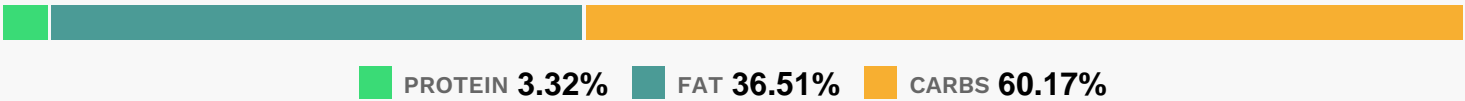
# Equipment

- ☐ oven
- ☐ hand mixer

# Directions

- ☐ Stir together 1 1/4 cups water and 2 tablespoons instant coffee granules until completely dissolved.
- ☐ Prepare cake mix according to package directions, substituting coffee mixture for water.
- ☐ Pour batter into 3 greased and floured 8-inch cakepans.
- ☐ Bake at 350 for 18 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 to 15 minutes; remove from pans, and cool completely on wire racks.
- ☐ Beat butter at medium speed with an electric mixer until creamy; gradually add powdered sugar, beating at low speed until blended.
- ☐ Add remaining 2 tablespoons coffee granules, cocoa, and cream, beating until blended.
- ☐ Brush cake layers evenly with coffee liqueur, if desired.
- ☐ Spread cocoa mixture between cake layers.
- ☐ Spread Mocha Frosting on top and sides of cake.
- ☐ Garnish, if desired.
- ☐ Note: For testing purposes only, we used Pillsbury Moist Supreme Devil's Food Cake
- ☐ Mix and Kahla for coffee liqueur.

# Nutrition Facts



# Properties

Glycemic Index:2.88, Glycemic Load:9.97, Inflammation Score:-5, Nutrition Score:8.1917391335187%

# Flavonoids

Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin:

0.06mg

Nutrients (% of daily need)

Calories: 406.55kcal (20.33%), Fat: 17.45g (26.84%), Saturated Fat: 3.98g (24.89%), Carbohydrates: 64.71g (21.57%), Net Carbohydrates: 62.57g (22.75%), Sugar: 46.65g (51.83%), Cholesterol: 2.12mg (0.71%), Sodium: 406.31mg (17.67%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 121.07mg (40.36%), Protein: 3.57g (7.14%), Vitamin K: 19.77µg (18.83%), Copper: 0.32mg (16.12%), Potassium: 495.77mg (14.16%), Phosphorus: 132.65mg (13.26%), Manganese: 0.25mg (12.47%), Vitamin A: 619.18IU (12.38%), Iron: 2.17mg (12.05%), Magnesium: 39.97mg (9.99%), Vitamin B1: 0.14mg (9.63%), Vitamin B2: 0.16mg (9.16%), Vitamin B3: 1.81mg (9.07%), Fiber: 2.14g (8.57%), Calcium: 73.31mg (7.33%), Vitamin E: 1.06mg (7.04%), Selenium: 4.84µg (6.91%), Vitamin B6: 0.12mg (6.24%), Folate: 22.99µg (5.75%), Vitamin C: 4.07mg (4.94%), Zinc: 0.41mg (2.73%), Vitamin B5: 0.13mg (1.29%)