



## Mock Pink Champagne

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



24

CALORIES



33 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

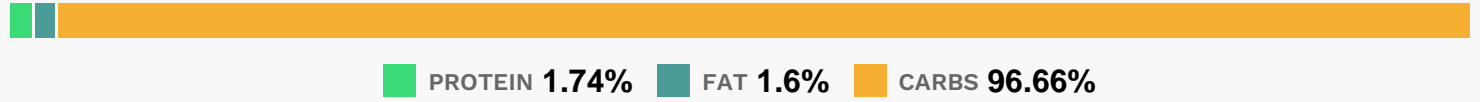
- 2 cups 1/4 cup dried cranberry (juice sweetened if possible)
- 0.5 cup orange juice
- 1 cup pineapple juice
- 0.5 cup sugar
- 1.5 cups water

### Equipment

## Directions

- Combine all ingredients.
- Serve in champagne flutes.

## Nutrition Facts



## Properties

Glycemic Index:9.34, Glycemic Load:5.18, Inflammation Score:-1, Nutrition Score:0.919999986888698%

## Flavonoids

Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.62mg, Hesperetin: 0.62mg, Hesperetin: 0.62mg, Hesperetin: 0.62mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 33.28kcal (1.66%), Fat: 0.06g (0.1%), Saturated Fat: 0g (0.03%), Carbohydrates: 8.53g (2.84%), Net Carbohydrates: 8.47g (3.08%), Sugar: 8.12g (9.03%), Cholesterol: 0mg (0%), Sodium: 1.45mg (0.06%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.15g (0.31%), Vitamin C: 5.53mg (6.7%), Manganese: 0.05mg (2.52%), Vitamin E: 0.26mg (1.71%), Copper: 0.02mg (1.17%), Vitamin B6: 0.02mg (1.14%), Potassium: 39.43mg (1.13%), Vitamin K: 1.11µg (1.06%)