

# **Modern Chocolate-Raspberry Cake**









## **Ingredients**

1 box duncan hines devil's food cake
1 cup water
O.5 cup vegetable oil
3 eggs
0.5 cup cream sour
1 box vanilla pudding instant (4-serving size)
0.5 cup semi chocolate chips
0.8 cup semi chocolate chips
3 tablespoons butter cut into pieces

	1 tablespoon plus light	
	0.3 teaspoon raspberry extract	
	0.3 cup cocoa powder unsweetened	
Equipment		
	bowl	
	frying pan	
	oven	
	wire rack	
	hand mixer	
	microwave	
	springform pan	
	offset spatula	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pan). Generously grease 9-inch springform pan with shortening and lightly flour, or spray with baking spray with flour.	
	In large bowl, beat cake mix, water, oil, eggs, sour cream and pudding mix with electric mixer on low speed 30 seconds, then beat on medium speed 2 minutes, scraping bowl occasionally (or mix with spoon until well blended). Stir in 1/2 cup chocolate chips.	
	Pour into pan.	
	Bake 50 to 60 minutes or until top springs back when lightly touched in center. Cool completely in pan on cooling rack, about 2 hours.	
	Carefully remove side of springform pan.	
	Place cake on serving plate. In small microwavable bowl, microwave 3/4 cup chocolate chips, the butter, corn syrup and raspberry extract uncovered on High 30 seconds. Stir; microwave 10 to 20 seconds longer or until smooth. Slowly pour glaze over top of cake; spread to edge with offset spatula (some glaze may drip down side).	
	Let stand 1 hour for glaze to harden.	
	Place cake stencil on top of cake and sift cocoa powder over top. Carefully remove stencil.	

### **Nutrition Facts**

PROTEIN 5.39% FAT 47.25% CARBS 47.36%

#### **Properties**

Glycemic Index:8.63, Glycemic Load:0.4, Inflammation Score:-5, Nutrition Score:12.83478258615%

#### **Flavonoids**

Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg Epicatechin: 5.28mg, Epicatechin: 5.28mg, Epicatechin: 5.28mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg

#### Nutrients (% of daily need)

Calories: 567.14kcal (28.36%), Fat: 30.96g (47.63%), Saturated Fat: 13.27g (82.93%), Carbohydrates: 69.84g (23.28%), Net Carbohydrates: 65.23g (23.72%), Sugar: 43.24g (48.05%), Cholesterol: 82.84mg (27.61%), Sodium: 589.9mg (25.65%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 36.31mg (12.1%), Protein: 7.94g (15.89%), Copper: 0.69mg (34.53%), Manganese: 0.6mg (30.17%), Phosphorus: 283.75mg (28.37%), Iron: 4.89mg (27.17%), Magnesium: 92.14mg (23.03%), Selenium: 15.22µg (21.74%), Fiber: 4.61g (18.45%), Calcium: 128.74mg (12.87%), Vitamin B2: 0.21mg (12.33%), Potassium: 422.95mg (12.08%), Zinc: 1.64mg (10.95%), Folate: 43.12µg (10.78%), Vitamin K: 9.79µg (9.32%), Vitamin E: 1.34mg (8.94%), Vitamin B1: 0.11mg (7.62%), Vitamin A: 325.54IU (6.51%), Vitamin B3: 1.19mg (5.93%), Vitamin B5: 0.47mg (4.72%), Vitamin B12: 0.24µg (3.94%), Vitamin B6: 0.07mg (3.39%), Vitamin D: 0.33µg (2.2%)