

Modern Chocolate-Raspberry Cake







DESSERT

Ingredients

1 box duncan hines devil's food cake
3 tablespoons butter cut into pieces
1 tablespoon plus light
3 eggs
1 box vanilla pudding instant (4-serving size)
0.3 teaspoon raspberry extract
0.5 cup semi chocolate chips
0.8 cup semi chocolate chips
0.5 cup cream sour

	0.3 cup cocoa powder unsweetened
H	
믬	O.5 cup vegetable oil
Ш	1 cup water
Εq	uipment
	bowl
	frying pan
	oven
	wire rack
	hand mixer
	microwave
	springform pan
	offset spatula
Directions	
	Heat oven to 350F (325F for dark or nonstick pan). Generously grease 9-inch springform pan with shortening and lightly flour, or spray with baking spray with flour.
	In large bowl, beat cake mix, water, oil, eggs, sour cream and pudding mix with electric mixer on low speed 30 seconds, then beat on medium speed 2 minutes, scraping bowl occasionally (or mix with spoon until well blended). Stir in 1/2 cup chocolate chips.
	Pour into pan.
	Bake 50 to 60 minutes or until top springs back when lightly touched in center. Cool completely in pan on cooling rack, about 2 hours.
	Carefully remove side of springform pan.
	Place cake on serving plate. In small microwavable bowl, microwave 3/4 cup chocolate chips, the butter, corn syrup and raspberry extract uncovered on High 30 seconds. Stir; microwave 10 to 20 seconds longer or until smooth. Slowly pour glaze over top of cake; spread to edge with offset spatula (some glaze may drip down side).
	Let stand 1 hour for glaze to harden.
	Place cake stencil on top of cake and sift cocoa powder over top. Carefully remove stencil.

Nutrition Facts

PROTEIN 5.39% FAT 47.25% CARBS 47.36%

Properties

Glycemic Index:8.63, Glycemic Load:0.4, Inflammation Score:-5, Nutrition Score:12.83478258615%

Flavonoids

Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg Epicatechin: 5.28mg, Epicatechin: 5.28mg, Epicatechin: 5.28mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg

Nutrients (% of daily need)

Calories: 567.14kcal (28.36%), Fat: 30.96g (47.63%), Saturated Fat: 13.27g (82.93%), Carbohydrates: 69.84g (23.28%), Net Carbohydrates: 65.23g (23.72%), Sugar: 43.24g (48.05%), Cholesterol: 82.84mg (27.61%), Sodium: 589.9mg (25.65%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 36.31mg (12.1%), Protein: 7.94g (15.89%), Copper: 0.69mg (34.53%), Manganese: 0.6mg (30.17%), Phosphorus: 283.75mg (28.37%), Iron: 4.89mg (27.17%), Magnesium: 92.14mg (23.03%), Selenium: 15.22µg (21.74%), Fiber: 4.61g (18.45%), Calcium: 128.74mg (12.87%), Vitamin B2: 0.21mg (12.33%), Potassium: 422.95mg (12.08%), Zinc: 1.64mg (10.95%), Folate: 43.12µg (10.78%), Vitamin K: 9.79µg (9.32%), Vitamin E: 1.34mg (8.94%), Vitamin B1: 0.11mg (7.62%), Vitamin A: 325.54IU (6.51%), Vitamin B3: 1.19mg (5.93%), Vitamin B5: 0.47mg (4.72%), Vitamin B12: 0.24µg (3.94%), Vitamin B6: 0.07mg (3.39%), Vitamin D: 0.33µg (2.2%)