



Moist and Figgy Brownie Cupcakes

 Vegetarian  Dairy Free

READY IN



105 min.

SERVINGS



12

CALORIES



317 kcal

DESSERT

Ingredients

- 1 box brownie mix betty crocker® (1 lb 2.4 oz)
- 0.5 cup figs dried chopped
- 1 eggs
- 7 oz chocolate icing white betty crocker®
- 0.3 cup vegetable oil
- 0.3 cup water

Equipment

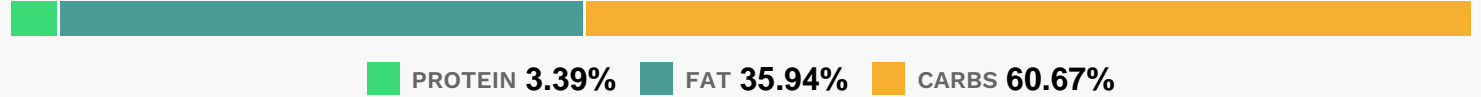
- bowl

- frying pan
- oven
- wire rack
- toothpicks
- muffin liners

Directions

- Heat oven to 350°F.
- Place paper baking cup in each of 12 regular-size muffin cups.
- In medium bowl, stir together brownie mix, pouch of chocolate syrup (from brownie mix box), water, oil, egg and figs. Divide batter evenly among muffin cups.
- Bake 22 to 24 minutes or until toothpick inserted in center comes out almost clean. Cool 5 minutes; remove from pan to cooling rack. Cool completely.
- Drizzle cupcakes with icing.

Nutrition Facts



Properties

Glycemic Index:6.17, Glycemic Load:5.87, Inflammation Score:0, Nutrition Score:1.9747826275618%

Nutrients (% of daily need)

Calories: 317.4kcal (15.87%), Fat: 12.77g (19.64%), Saturated Fat: 2.42g (15.1%), Carbohydrates: 48.5g (16.17%), Net Carbohydrates: 47.89g (17.42%), Sugar: 34.5g (38.34%), Cholesterol: 13.64mg (4.55%), Sodium: 160.6mg (6.98%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.71g (5.41%), Vitamin K: 11.48µg (10.93%), Iron: 1.41mg (7.84%), Vitamin E: 0.69mg (4.57%), Vitamin B2: 0.07mg (4.22%), Fiber: 0.61g (2.43%), Selenium: 1.18µg (1.68%), Manganese: 0.03mg (1.63%), Potassium: 52.9mg (1.51%), Phosphorus: 14.4mg (1.44%), Calcium: 12.75mg (1.28%), Magnesium: 4.88mg (1.22%), Copper: 0.02mg (1.06%)