

BREAKFAST

Moist Chocolate Muffins

4 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
95 min	15 min	20 min	12	\$0.32	208 kcal



The recipe Moist Chocolate Muffins can be made in about 1 hour and 35 minutes. This recipe serves 12 and costs 32 cents per serving. One serving contains 208 calories, 4g of protein, and 5g of fat. It works well as a very reasonably priced breakfast. This recipe from Allrecipes has 986 fans.

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 1 egg
- ☐ ½ cup milk
- ☐ ½ cup unsweetened cocoa powder
- ☐ ½ cup vegetable oil
- ☐ ¼ cup chocolate chips
- ☐ 2 cups all-purpose flour
- ☐ 1 cup plain yogurt
- ☐ 1 teaspoon vanilla extract
- ☐ 1 cup white sugar

EQUIPMENT Bowl, Oven, Whisk, Wire rack, Toothpicks, Muffin liners

Method

- 1

Preheat oven to 400 degrees F (200 degrees C). Grease 12 muffin cups or line with paper muffin liners.
- 2

Combine flour, sugar, 3/4 cup chocolate chips, cocoa powder, and baking soda in a large bowl.
- 3

Whisk egg, yogurt, milk, and vegetable oil in another bowl until smooth; pour into chocolate mixture and stir until batter is just blended. Fill prepared muffin cups 3/4 full and sprinkle with remaining 1/4 cup chocolate chips.
- 4

Bake in preheated oven until a toothpick inserted into the center comes out clean, about 20 minutes. Cool in the pans for 10 minutes before removing to cool completely on a wire rack.

Nutrition per serving			
	208	4 g	5 g
	KCAL	PROTEIN	FAT
			38 g
			CARBS
Saturated Fat			2 g · 13% of daily needs
Fibre			1.9 g · 8% of daily needs
Sugar			20.4 g · 23% of daily needs
Sodium			111 mg · 5% of daily needs
Cholesterol			17.5 mg · 6% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/moist-chocolate-muffins-147799