



## Mojito Cake

READY IN



140 min.

SERVINGS



15

CALORIES



339 kcal

DESSERT

## Ingredients

- 1 box cake mix white
- 1 cup seltzer water unflavored
- 0.3 cup vegetable oil
- 0.3 cup rum extract
- 3 tablespoons mint leaves fresh chopped
- 2 teaspoons lime zest grated
- 3 egg whites
- 0.5 cup butter
- 0.3 cup water

- 1 cup granulated sugar
- 0.5 cup rum extract
- 1 cup whipping cream
- 2 tablespoons powdered sugar
- 15 mint leaves fresh
- 1 serving lime zest shredded

## Equipment

- bowl
- frying pan
- sauce pan
- oven
- hand mixer

## Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Spray bottom only of 13x9-inch pan with baking spray with flour.
- In large bowl, beat cake ingredients with electric mixer on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally.
- Pour batter into pan.
- Bake as directed on box for 13x9-inch pan. Cool 15 minutes.
- Meanwhile, in 2-quart saucepan, mix glaze ingredients.
- Heat to boiling over high heat, stirring frequently. Reduce heat to medium; continue to boil 3 minutes, stirring frequently, until glaze has thickened slightly.
- Poke warm cake every inch with fork tines.
- Pour glaze slowly over cake. Cool completely, about 1 hour.
- In small bowl, beat whipping cream and powdered sugar on high speed until soft peaks form.
- Garnish each serving with whipped cream, mint leaf and shredded lime peel. Store loosely covered.

## Nutrition Facts

PROTEIN 3.09% FAT 46.86% CARBS 50.05%

## Properties

Glycemic Index:8.94, Glycemic Load:9.32, Inflammation Score:-4, Nutrition Score:4.6804347737976%

## Flavonoids

Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg Hesperetin: 0.35mg, Hesperetin: 0.35mg, Hesperetin: 0.35mg, Hesperetin: 0.35mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg

## Nutrients (% of daily need)

Calories: 339.49kcal (16.97%), Fat: 18.01g (27.7%), Saturated Fat: 6.33g (39.56%), Carbohydrates: 43.28g (14.43%), Net Carbohydrates: 42.73g (15.54%), Sugar: 29.36g (32.63%), Cholesterol: 17.93mg (5.98%), Sodium: 328.74mg (14.29%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.67g (5.34%), Phosphorus: 129.52mg (12.95%), Vitamin A: 589.03IU (11.78%), Vitamin K: 10.35µg (9.86%), Calcium: 94.66mg (9.47%), Vitamin B2: 0.14mg (8.35%), Vitamin E: 1.08mg (7.18%), Folate: 27.38µg (6.85%), Selenium: 4.73µg (6.75%), Vitamin B1: 0.08mg (5.38%), Manganese: 0.1mg (4.79%), Iron: 0.81mg (4.48%), Vitamin B3: 0.88mg (4.38%), Fiber: 0.55g (2.19%), Copper: 0.04mg (2.02%), Magnesium: 7.61mg (1.9%), Potassium: 61.72mg (1.76%), Vitamin D: 0.25µg (1.69%), Vitamin B5: 0.17mg (1.67%), Zinc: 0.24mg (1.59%), Vitamin C: 0.84mg (1.02%)