

Mojo Rojo



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



5

CALORIES



95 kcal

SIDE DISH

Ingredients

- ☐ 2 pepper flakes dried
- ☐ 8 garlic clove
- ☐ 1 teaspoon ground cumin
- ☐ 1 teaspoon kosher salt
- ☐ 1 cup olive oil extra virgin extra-virgin
- ☐ 1 teaspoon sherry vinegar
- ☐ 2 teaspoons paprika smoked

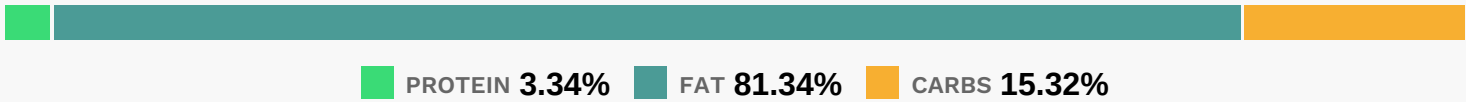
Equipment

☐ bowl

Directions

- ☐ Process 8 garlic cloves, 2 driedguindilla or New Mexico chiles,2 teaspoons smoked paprika, 1 teaspoon groundcumin, and 1 teaspoon kosher salt in a foodprocessor, occasionally scraping downsides of bowl, until a smooth pasteforms. With machine running, drizzle in1 cup extra-virgin olive oil and processuntil well blended.
- ☐ Add 1 teaspoon Sherryvinegar and 1 teaspoon water and process toblend. Season with salt.
- ☐ Per serving: 105 calories, 13 g fat, 1 g fiber
- ☐ Bon Appétit

Nutrition Facts



Properties

Glycemic Index:19, Glycemic Load:1.07, Inflammation Score:-5, Nutrition Score:4.6473913814711%

Flavonoids

Apigenin: 0.04mg, Apigenin: 0.04mg, Apigenin: 0.04mg, Apigenin: 0.04mg Luteolin: 0.05mg, Luteolin: 0.05mg, Luteolin: 0.05mg, Luteolin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.08mg, Myricetin: 0.08mg, Myricetin: 0.08mg, Myricetin: 0.08mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 94.68kcal (4.73%), Fat: 8.94g (13.75%), Saturated Fat: 1.23g (7.67%), Carbohydrates: 3.79g (1.26%), Net Carbohydrates: 3.09g (1.13%), Sugar: 1.09g (1.22%), Cholesterol: 0mg (0%), Sodium: 469mg (20.39%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.83g (1.65%), Vitamin C: 27.41mg (33.22%), Vitamin A: 570.9IU (11.42%), Vitamin E: 1.62mg (10.79%), Vitamin B6: 0.17mg (8.47%), Vitamin K: 8.47µg (8.06%), Manganese: 0.14mg (7.08%), Iron: 0.76mg (4.21%), Potassium: 103.17mg (2.95%), Fiber: 0.69g (2.77%), Copper: 0.05mg (2.36%), Magnesium: 8.28mg (2.07%), Phosphorus: 19.67mg (1.97%), Vitamin B2: 0.03mg (1.88%), Vitamin B1: 0.03mg (1.85%), Vitamin B3: 0.36mg (1.78%), Calcium: 17.2mg (1.72%), Selenium: 0.84µg (1.21%), Folate: 4.72µg (1.18%), Zinc: 0.16mg (1.05%)