

DESSERT

# Molasses Cookies II

12 September 2026

| TOTAL TIME | SERVES | PER SERVING | CALORIES |
|------------|--------|-------------|----------|
| 45 min     | 36     | \$0.14      | 108 kcal |



Molasses Cookies II could be just the dairy free recipe you've been looking for. This recipe serves 36 and costs 14 cents per serving. One serving contains 132 calories, 1g of protein, and 4g of fat. Head to the store and pick up baking soda, shortening, flour, and a few other things to make it toda...

## Ingredients

- ☐ 2 teaspoons baking soda
- ☐ 1 egg
- ☐ 1 teaspoon ground cinnamon
- ☐ 1 teaspoon ground ginger
- ☐ 1 teaspoon salt
- ☐ 1 cup packed brown sugar
- ☐ 2½ cups all-purpose flour
- ☐ ½ teaspoon ground cloves
- ☐ ½ cup light molasses
- ☐ ¾ cup shortening

EQUIPMENT Baking sheet, Oven, Melon baller

## Method

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- 1 Cream together shortening and brown sugar. Stir in egg and molasses and mix well. Fold in dry ingredients and stir. Cover and chill until firm (1 - 2 hours).
- 2 Preheat oven to 350 degrees F (175 degrees C).
- 3 Roll dough into small balls (I use a small melon baller to help with this) and roll in white sugar.
- 4 Place on lightly greased cookie sheets.
- 5 Bake 9 - 10 minutes. Leave on cookie sheet one minute until set.

### Nutrition per serving

| 108           | 1 g     | 4 g | 16 g                       |
|---------------|---------|-----|----------------------------|
| KCAL          | PROTEIN | FAT | CARBS                      |
| Saturated Fat |         |     | 1.1 g · 7% of daily needs  |
| Fibre         |         |     | 0.3 g · 1% of daily needs  |
| Sugar         |         |     | 9.5 g · 11% of daily needs |
| Sodium        |         |     | 131 mg · 6% of daily needs |
| Cholesterol   |         |     | 4.6 mg · 2% of daily needs |

Adapted from Allrecipes. Find this recipe, ratings and more ideas at [whatsheate.com/molasses-cookies-ii-142179](https://whatsheate.com/molasses-cookies-ii-142179)