



## Molasses Cookies with White Chocolate Glaze

 Dairy Free

READY IN



105 min.

SERVINGS



42

CALORIES



101 kcal

DESSERT

### Ingredients

- 0.8 cup shortening
- 1 cup brown sugar packed
- 0.3 cup blackstrap molasses
- 1 teaspoon vanilla
- 1 eggs
- 2.3 cups flour all-purpose
- 2 teaspoons baking soda
- 1 teaspoon ground cinnamon

- 1 teaspoon ground ginger
- 0.5 teaspoon ground cloves
- 0.3 teaspoon salt
- 0.5 cup peppermint candies white
- 1 teaspoon shortening

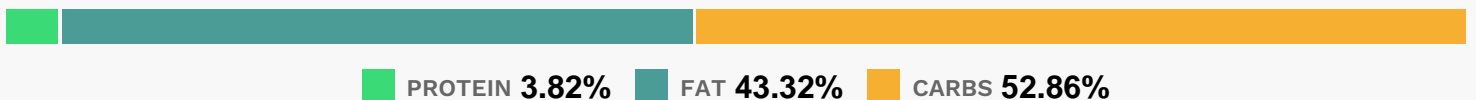
## Equipment

- bowl
- baking sheet
- oven
- wire rack
- microwave

## Directions

- Heat oven to 375°F.
- Mix 3/4 cup shortening, the brown sugar, molasses, vanilla and egg in large bowl with spoon. Stir in remaining ingredients except white baking chips and 1 teaspoon shortening. Shape dough into 1 1/4-inch balls.
- Place 3 inches apart on ungreased cookie sheet.
- Bake 10 to 12 minutes or just until set.
- Remove from cookie sheet to wire rack. Cool completely, about 30 minutes.
- Heat white baking chips and 1 teaspoon shortening in small microwavable bowl uncovered on Medium-High (70%) 1 minute; stir. Microwave 15 seconds at a time until mixture can be stirred smooth.
- Drizzle over cookies.

## Nutrition Facts



## Properties

Glycemic Index:2.95, Glycemic Load:4.36, Inflammation Score:-1, Nutrition Score:1.668260877871%

## **Nutrients (% of daily need)**

Calories: 100.9kcal (5.05%), Fat: 4.92g (7.58%), Saturated Fat: 1.82g (11.41%), Carbohydrates: 13.52g (4.51%), Net Carbohydrates: 13.3g (4.84%), Sugar: 8.22g (9.13%), Cholesterol: 3.9mg (1.3%), Sodium: 71.78mg (3.12%), Alcohol: 0.03g (100%), Alcohol %: 0.19% (100%), Protein: 0.98g (1.95%), Manganese: 0.12mg (5.94%), Selenium: 3.04µg (4.35%), Vitamin B1: 0.05mg (3.64%), Folate: 12.81µg (3.2%), Iron: 0.48mg (2.67%), Vitamin B2: 0.04mg (2.24%), Vitamin B3: 0.43mg (2.13%), Vitamin K: 2.08µg (1.98%), Magnesium: 7.13mg (1.78%), Vitamin E: 0.25mg (1.67%), Calcium: 15.01mg (1.5%), Potassium: 46.08mg (1.32%), Copper: 0.02mg (1.16%), Vitamin B6: 0.02mg (1.04%), Phosphorus: 10.28mg (1.03%)