

Mom-mosa



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



6

CALORIES



131 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 6 tablespoons limoncello
- ☐ 6 servings lemon zest
- ☐ 6 servings orange bitters
- ☐ 6 servings sparkling wine

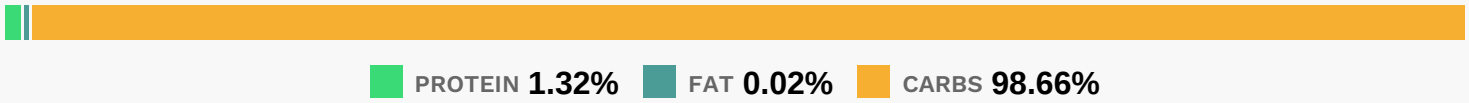
Equipment

- ☐ whisk

Directions

- ☐
- Place 2 to 3 dashes of orange bitters in each of 6 Champagne flutes or glasses.
- ☐
- Add 1 Tbsp. lemon liqueur to each, and stir. Top each with Champagne or sparkling wine; garnish with lemon rind twist, if desired.
- ☐
- Tip: No lemon liqueur?
- ☐
- Whisk together 1/3 cup fresh lemon juice and 1/4 cup powdered sugar instead.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:0.88086956755623%

Nutrients (% of daily need)

Calories: 131.1kcal (6.55%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 7.96g (2.65%), Net Carbohydrates: 7.94g (2.89%), Sugar: 7.52g (8.36%), Cholesterol: 0mg (0%), Sodium: 10.37mg (0.45%), Alcohol: 14.67g (100%), Alcohol %: 11.34% (100%), Protein: 0.11g (0.21%), Potassium: 130.56mg (3.73%), Magnesium: 14.83mg (3.71%), Iron: 0.59mg (3.3%), Phosphorus: 22.22mg (2.22%), Vitamin B6: 0.03mg (1.5%), Calcium: 13.59mg (1.36%)