



Mom's Apricot Nectar Cake

 Dairy Free

READY IN



80 min.

SERVINGS



15

CALORIES



230 kcal

DESSERT

Ingredients

- ☐ 1 cup all-natural apricot nectar
- ☐ 2 cups confectioners' sugar
- ☐ 4 eggs
- ☐ 18.3 ounce lemon cake mix
- ☐ 0.5 cup juice of lemon or as needed
- ☐ 1 teaspoon lemon zest to taste
- ☐ 0.5 cup vegetable oil

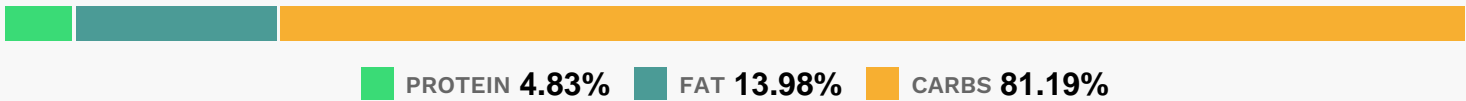
Equipment

- ☐ bowl
- ☐ oven
- ☐ toothpicks
- ☐ cake form

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ Grease a 9x13-inch cake pan.
- ☐ Mix lemon cake mix, eggs, and vegetable oil in a bowl until thoroughly combined. Stir apricot nectar into the batter and mix well.
- ☐ Pour batter into the prepared cake pan.
- ☐ Bake in preheated oven until the cake is lightly browned at the edges and the top springs back when lightly pressed, about 30 minutes. A toothpick inserted into the center of the cake should come out clean or with moist crumbs. Check for doneness after 20 minutes.
- ☐ Cool cake completely.
- ☐ Mix confectioners' sugar with lemon juice, mixing juice in about 1 tablespoon at a time, until the frosting is fluid and easy to spread. Frosting should run slightly but not be a thin runny glaze.
- ☐ Spread frosting on cooled cake and sprinkle with lemon zest to serve.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:4.6169564879459%

Flavonoids

Eriodictyol: 0.4mg, Eriodictyol: 0.4mg, Eriodictyol: 0.4mg, Eriodictyol: 0.4mg Hesperetin: 1.18mg, Hesperetin: 1.18mg, Hesperetin: 1.18mg, Hesperetin: 1.18mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 230.02kcal (11.5%), Fat: 3.62g (5.57%), Saturated Fat: 1.16g (7.23%), Carbohydrates: 47.34g (15.78%), Net Carbohydrates: 46.87g (17.04%), Sugar: 32.98g (36.64%), Cholesterol: 43.65mg (14.55%), Sodium: 269.51mg (11.72%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.81g (5.63%), Phosphorus: 131.66mg (13.17%), Vitamin C: 8.29mg (10.05%), Vitamin B2: 0.14mg (8.25%), Calcium: 82.02mg (8.2%), Folate: 30.78µg (7.7%), Selenium: 4.74µg (6.77%), Vitamin B1: 0.1mg (6.43%), Vitamin A: 284.13IU (5.68%), Iron: 0.96mg (5.32%), Vitamin E: 0.64mg (4.27%), Vitamin B3: 0.84mg (4.2%), Manganese: 0.08mg (3.81%), Vitamin K: 3.91µg (3.72%), Vitamin B5: 0.33mg (3.33%), Vitamin B6: 0.06mg (2.83%), Vitamin B12: 0.14µg (2.32%), Copper: 0.04mg (1.95%), Fiber: 0.47g (1.88%), Zinc: 0.26mg (1.7%), Vitamin D: 0.23µg (1.56%), Magnesium: 6.2mg (1.55%), Potassium: 52.53mg (1.5%)