

SIDE DISH

Mom's Cajun Hush Puppies

5 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
30 min	20 min	10 min	24	\$0.90	430 kcal

Mom's Cajun Hush Puppies might be just the side dish you are searching for. One portion of this dish contains roughly 9g of protein, 20g of fat, and a total of 433 calories. This recipe serves 24 and costs 90 cents per serving. It is brought to you by Allrecipes.

Ingredients

- ☐ ¼ cup baking powder
- ☐ 14 ounce cream-style corn
canned
- ☐ 5 eggs
- ☐ 24 servings salt and ground black pepper to taste
- ☐ 1 cup grated Parmesan cheese
- ☐ 2 quarts vegetable oil for frying
- ☐ 14 ounce whole kernel corn
canned
- ☐ 3 bell peppers, minced
- ☐ 3 cups cornmeal
- ☐ 6 cups all-purpose flour
- ☐ 3 onions, minced
- ☐ 1 cup chopped pimento peppers
- ☐ 1 cup white sugar

EQUIPMENT Bowl, Paper towels, Sauce pan, Slotted spoon

Method

- 1

Mix flour, cornmeal, sugar, Parmesan cheese, baking powder, salt, black pepper, eggs, bell peppers, onions, cream-style corn, whole kernel corn, and pimento peppers in a large bowl.
- 2

Heat oil in a deep-fryer or large saucepan to 375 degrees F (190 degrees C).

- 3 Drop 6 to 8 tablespoon-sized balls of batter into the hot oil; fry until each hush puppy is golden brown, about 5 minutes.
- 4 Remove hush puppies with a slotted spoon and place on a paper towel-lined plate to drain. Repeat with any remaining batter.

Nutrition per serving

430	9 g	20 g	56 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			3.7 g · 23% of daily needs
Fibre			3.7 g · 15% of daily needs
Sugar			10.8 g · 12% of daily needs
Sodium			421 mg · 18% of daily needs
Cholesterol			37.7 mg · 13% of daily needs
Vitamin C			29.3 mg · 36% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/moms-cajun-hush-puppies-148057