



Mom's Chocolate Chip Cookies

READY IN



45 min.

SERVINGS



48

CALORIES



126 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 0.8 cup brown sugar packed
- ☐ 1 cup butter softened
- ☐ 2 eggs
- ☐ 2.3 cups flour all-purpose
- ☐ 3.5 ounce vanilla pudding mix instant
- ☐ 2 cups semi chocolate chips
- ☐ 1 teaspoon vanilla extract
- ☐ 0.3 cup sugar white

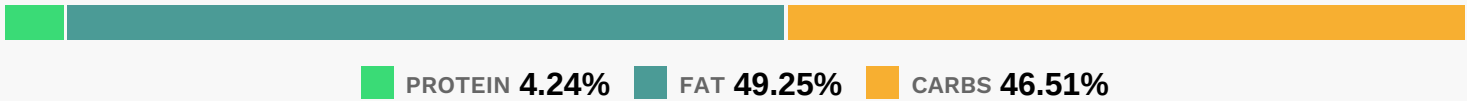
Equipment

- ☐ baking sheet
- ☐ oven
- ☐ mixing bowl

Directions

- ☐ Preheat oven to 375 degrees F (190 degrees C).
- ☐ In a mixing bowl, cream butter and sugars.
- ☐ Add pudding mix, eggs and vanilla.
- ☐ Combine flour and baking soda; add to creamed mixture and mix well. Fold in chocolate chips.
- ☐ Drop by teaspoonfuls onto ungreased baking sheets.
- ☐ Bake for 10 to 12 minutes or until lightly browned.

Nutrition Facts



Properties

Glycemic Index:4.06, Glycemic Load:3.96, Inflammation Score:-2, Nutrition Score:2.3382608573074%

Nutrients (% of daily need)

Calories: 126.43kcal (6.32%), Fat: 6.95g (10.7%), Saturated Fat: 4.15g (25.95%), Carbohydrates: 14.77g (4.92%), Net Carbohydrates: 14g (5.09%), Sugar: 8.8g (9.78%), Cholesterol: 17.44mg (5.81%), Sodium: 70.79mg (3.08%), Alcohol: 0.03g (100%), Alcohol %: 0.14% (100%), Caffeine: 6.45mg (2.15%), Protein: 1.35g (2.69%), Manganese: 0.14mg (7.12%), Copper: 0.11mg (5.28%), Selenium: 3.29µg (4.7%), Iron: 0.81mg (4.48%), Magnesium: 15.12mg (3.78%), Vitamin B1: 0.05mg (3.29%), Fiber: 0.77g (3.08%), Phosphorus: 30.78mg (3.08%), Folate: 11.76µg (2.94%), Vitamin A: 131.83IU (2.64%), Vitamin B2: 0.04mg (2.54%), Vitamin B3: 0.42mg (2.08%), Zinc: 0.27mg (1.8%), Potassium: 57.59mg (1.65%), Vitamin E: 0.18mg (1.18%), Calcium: 10.67mg (1.07%)