

SIDE DISH

Mom's Dressing

3 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
80 min	20 min	60 min	8	\$0.55	345 kcal



Mom's Dressing is a side dish that serves 8. For 55 cents per serving, this recipe covers 11% of your daily requirements of vitamins and minerals. Watching your figure? This lacto ovo vegetarian recipe has 345 calories, 9g of protein, and 19g of fat per serving.

Ingredients

- ☐ 1 apple, chopped
- ☐ 1 teaspoon dried sage
- ☐ 1½ cups milk
- ☐ 2 onions, chopped
- ☐ 1 teaspoon salt
- ☐ 2 ribs celery, chopped
- ☐ 2 eggs
- ☐ 8 servings Oil, for sauteing
- ☐ 1 teaspoon pepper
- ☐ 2/3 loaf white bread, toasted and broken into pieces

EQUIPMENT Frying pan, Oven, Mixing bowl, Casserole dish

Method

- 1 Watch how to make this recipe.
- 2 Preheat oven to 350 degrees F.
- 3 In a medium-sized saute pan, heat the oil over medium heat.
- 4 Add the onion, celery, and apple and saute until just tender.
- 5 Remove from the heat and add the onion mixture to the bread in a large mixing bowl. In a medium mixing bowl, beat the eggs with the milk, sage, salt, and pepper.
- 6 Pour over the bread mixture and stir to combine and moisten the bread.
- 7 Transfer to a casserole dish and bake for about 1 hour or until browned on top.
- 8 Serve.

Nutrition per serving

	345 KCAL	9 g PROTEIN	19 g FAT	36 g CARBS
Saturated Fat				2.7 g · 17% of daily needs
Fibre				2.6 g · 10% of daily needs
Sugar				8.9 g · 10% of daily needs
Sodium				603 mg · 26% of daily needs
Cholesterol				46.4 mg · 15% of daily needs
Vitamin C				3.4 mg · 4% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at whatsheate.com/moms-dressing-147444