



Mom's Sugar Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



60

CALORIES



90 kcal

DESSERT

Ingredients

- 1 teaspoon baking soda
- 1 cup butter
- 1 teaspoon cream of tartar
- 3 eggs
- 4.5 cups flour all-purpose sifted
- 0.3 teaspoon salt
- 1 teaspoon vanilla extract
- 2 cups sugar white

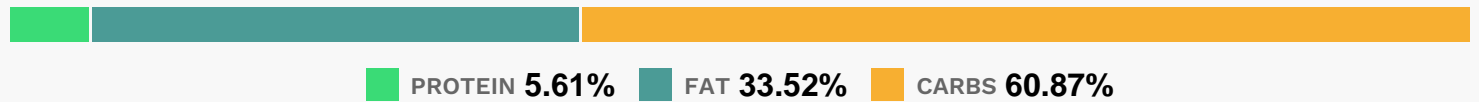
Equipment

- baking sheet
- oven
- cookie cutter

Directions

- Cream butter and sugar; add eggs. Sift dry ingredients 3 times; combine thoroughly with egg mixture.
- Add vanilla.
- Roll in waxed paper and store in refrigerator to chill thoroughly.
- Preheat oven to 375 degrees F (190 degrees C).
- Roll out dough very thin on well-floured board; cut with cookie cutter.
- Bake on greased cookie sheets for 6 - 10 minutes.

Nutrition Facts



Properties

Glycemic Index:3.25, Glycemic Load:9.83, Inflammation Score:-1, Nutrition Score:1.6552173922891%

Nutrients (% of daily need)

Calories: 90.39kcal (4.52%), Fat: 3.39g (5.22%), Saturated Fat: 2.03g (12.68%), Carbohydrates: 13.85g (4.62%), Net Carbohydrates: 13.6g (4.94%), Sugar: 6.7g (7.44%), Cholesterol: 16.32mg (5.44%), Sodium: 55.67mg (2.42%), Alcohol: 0.02g (100%), Alcohol %: 0.13% (100%), Protein: 1.28g (2.56%), Selenium: 3.93µg (5.62%), Vitamin B1: 0.07mg (4.98%), Folate: 18.3µg (4.58%), Vitamin B2: 0.06mg (3.47%), Manganese: 0.07mg (3.26%), Vitamin B3: 0.56mg (2.79%), Iron: 0.48mg (2.66%), Vitamin A: 106.43IU (2.13%), Phosphorus: 15.4mg (1.54%), Fiber: 0.25g (1.01%)