

Monkey Shine



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



180 kcal

BEVERAGE

DRINK

Ingredients



4 fluid ounces vanilla-flavored cola



1 cup ice cubes



2 fluid ounces vodka

Equipment

Directions



Fill a tumbler with ice, pour in vodka and cola; stir and serve.

Nutrition Facts



 PROTEIN 0.72%  FAT 0.47%  CARBS 98.81%

Properties

Glycemic Index:78, Glycemic Load:7.12, Inflammation Score:-2, Nutrition Score:0.31130434605091%

Nutrients (% of daily need)

Calories: 180.38kcal (9.02%), Fat: 0.02g (0.04%), Saturated Fat: 0g (0%), Carbohydrates: 11.31g (3.77%), Net Carbohydrates: 11.31g (4.11%), Sugar: 10.61g (11.79%), Cholesterol: 0mg (0%), Sodium: 17.15mg (0.75%), Alcohol: 19.75g (100%), Alcohol %: 6.05% (100%), Caffeine: 9.46mg (3.15%), Protein: 0.08g (0.17%), Copper: 0.05mg (2.25%), Phosphorus: 14.78mg (1.48%)