



## Monogrammed Jumbo Brownies

READY IN



45 min.

SERVINGS



12

CALORIES



600 kcal

DESSERT

### Ingredients

- ☐ 21 oz fudge brownie mix
- ☐ 0.5 cup butter
- ☐ 0.3 cup milk
- ☐ 16 oz powdered sugar
- ☐ 5 tablespoons cocoa unsweetened
- ☐ 16 oz ready-to-spread vanilla frosting

### Equipment

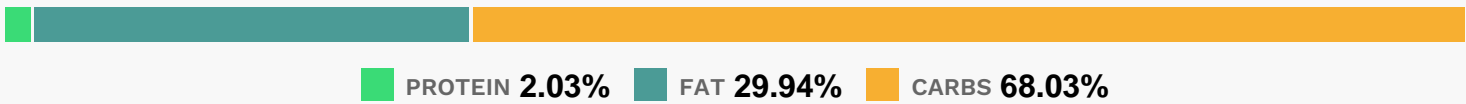
- ☐ frying pan

- ☐ oven
- ☐ wire rack
- ☐ hand mixer
- ☐ cookie cutter

## Directions

- ☐ Prepare and bake 1 (21-oz.) package fudge brownie mix according to directions for a 13- x 9-inch pan.
- ☐ Let cool in pan on a wire rack for 45 minutes.
- ☐ Stir together 1/2 cup butter, 1/3 cup milk, and 5 Tbsp. unsweetened cocoa over low heat, stirring constantly, 5 minutes or until butter melts and mixture is blended.
- ☐ Remove from heat, and beat in 1 (16-oz.) package powdered sugar at low speed with an electric mixer until smooth; spread frosting evenly over prepared brownies.
- ☐ Let stand 45 minutes or until frosting is firm.
- ☐ Cut into 12 equal squares.
- ☐ Tint 1/2 (16-oz.) container ready-to-spread vanilla frosting with desired shade of food coloring gel. Spoon frosting mixture into a small zip-top plastic freezer bag. Snip a hole in 1 corner of the bag. Pipe desired monogram on each brownie.
- ☐ \* You can find small letter-shaped cookie cutters at crafts stores to use as templates. Simply imprint letter on iced surface; then pipe over the imprint.
- ☐ \* If you don't have time to monogram, pick up a box of alphabet-shaped cookies to use as a topping.

## Nutrition Facts



## Properties

Glycemic Index:10.92, Glycemic Load:11.16, Inflammation Score:-1, Nutrition Score:2.6652173801609%

## Flavonoids

Catechin: 1.35mg, Catechin: 1.35mg, Catechin: 1.35mg, Catechin: 1.35mg Epicatechin: 4.09mg, Epicatechin: 4.09mg, Epicatechin: 4.09mg, Epicatechin: 4.09mg Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg

Quercetin: 0.21mg

Nutrients (% of daily need)

Calories: 600.46kcal (30.02%), Fat: 20.3g (31.23%), Saturated Fat: 7.57g (47.33%), Carbohydrates: 103.76g (34.59%), Net Carbohydrates: 102.99g (37.45%), Sugar: 85.79g (95.33%), Cholesterol: 21.15mg (7.05%), Sodium: 279mg (12.13%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 4.79mg (1.6%), Protein: 3.09g (6.18%), Iron: 1.77mg (9.83%), Vitamin B2: 0.14mg (8.17%), Vitamin K: 5.65µg (5.38%), Vitamin E: 0.8mg (5.35%), Vitamin A: 247.34IU (4.95%), Manganese: 0.08mg (4.09%), Copper: 0.08mg (4.08%), Phosphorus: 31.21mg (3.12%), Fiber: 0.77g (3.08%), Magnesium: 11.78mg (2.94%), Potassium: 57.71mg (1.65%), Calcium: 14.79mg (1.48%), Zinc: 0.21mg (1.39%), Selenium: 0.79µg (1.12%)