



## Mosaic Glazed Sugar Cookies

 Vegetarian

READY IN



62 min.

SERVINGS



42

CALORIES



137 kcal

DESSERT

### Ingredients

- 0.5 tsp baking soda
- 0.8 cup butter softened
- 2 Tbsp plus light
- 8 oz philadelphia cream cheese softened
- 2.3 cups flour
- 0.3 tsp food colorings green red
- 1 cup granulated sugar
- 0.3 cup milk

- 1 lb powdered sugar
- 2 tsp vanilla

## Equipment

- bowl
- baking sheet
- oven
- blender
- toothpicks
- ziploc bags

## Directions

- Beat first 4 ingredients in large bowl with mixer until blended.
- Add flour and baking soda; mix well. Refrigerate 30 min.
- Heat oven to 375F.
- Roll dough to 1/8-inch thickness on floured surface.
- Cut into shapes with 3-inch cutters.
- Place on baking sheets sprayed with cooking spray.
- Bake 10 min. or until edges are lightly browned. Cool 3 min.; remove to wire racks. Cool completely.
- Meanwhile, beat powdered sugar, milk and corn syrup until blended. Spoon 3/4 of the icing into resealable plastic bag; seal bag. Spoon remaining icing into 2 resealable plastic bags; tint icing in one bag with 1/4 tsp. red food coloring, then tint remaining icing with 1/4 tsp. green food coloring.
- Snip small corner from bottom of each bag. Pipe plain icing onto cookies, then pipe red and green icings into stripes on cookies. Swirl with toothpick.

## Nutrition Facts



PROTEIN 3.22%  FAT 34.13%  CARBS 62.65%

## Properties

Glycemic Index:6.64, Glycemic Load:7.29, Inflammation Score:-1, Nutrition Score:1.4199999875349%

## Nutrients (% of daily need)

Calories: 137.39kcal (6.87%), Fat: 5.29g (8.14%), Saturated Fat: 3.22g (20.13%), Carbohydrates: 21.85g (7.28%), Net Carbohydrates: 21.67g (7.88%), Sugar: 16.46g (18.29%), Cholesterol: 14.4mg (4.8%), Sodium: 59.8mg (2.6%), Alcohol: 0.07g (100%), Alcohol %: 0.25% (100%), Protein: 1.12g (2.24%), Selenium: 2.91µg (4.16%), Vitamin B1: 0.06mg (3.72%), Vitamin A: 176.96IU (3.54%), Folate: 12.86µg (3.22%), Vitamin B2: 0.05mg (3.1%), Manganese: 0.05mg (2.37%), Vitamin B3: 0.4mg (2.02%), Iron: 0.33mg (1.81%), Phosphorus: 15.95mg (1.6%)