



## Moscow Mule



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



156 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients



0.7 cup prepare as chilled



1 serving garnish: a lime



1 tablespoon juice of lime fresh



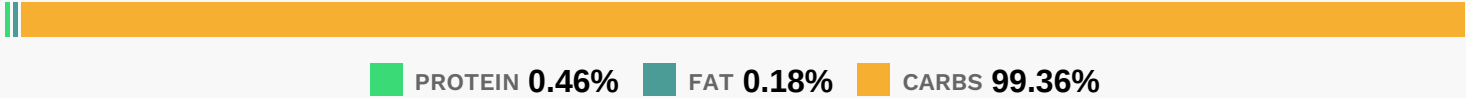
1.5 oz vodka

## Equipment

## Directions

- ☐
- Fill a 12-ounce glass three-fourths full with ice cubes.
- ☐
- Add vodka, lime juice, and ginger beer and gently stir.

## Nutrition Facts



### Properties

Glycemic Index:110, Glycemic Load:8.71, Inflammation Score:-2, Nutrition Score:0.71521738657485%

### Flavonoids

Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 1.78mg, Hesperetin: 1.78mg, Hesperetin: 1.78mg, Hesperetin: 1.78mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

### Nutrients (% of daily need)

Calories: 155.77kcal (7.79%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0.01%), Carbohydrates: 15.15g (5.05%), Net Carbohydrates: 15.06g (5.48%), Sugar: 14.27g (15.86%), Cholesterol: 0mg (0%), Sodium: 11.76mg (0.51%), Alcohol: 14.2g (100%), Alcohol %: 8.34% (100%), Protein: 0.07g (0.14%), Vitamin C: 4.79mg (5.81%), Copper: 0.04mg (1.86%), Iron: 0.31mg (1.71%), Manganese: 0.02mg (1.16%)