



Mrs. Jemison's Jumbles

 Dairy Free

READY IN



45 min.

SERVINGS



96

CALORIES



48 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 1 cup butter softened
- ☐ 2 large eggs
- ☐ 4 cups flour all-purpose
- ☐ 1 teaspoon mace
- ☐ 0.3 cup sugar
- ☐ 1 cup sugar

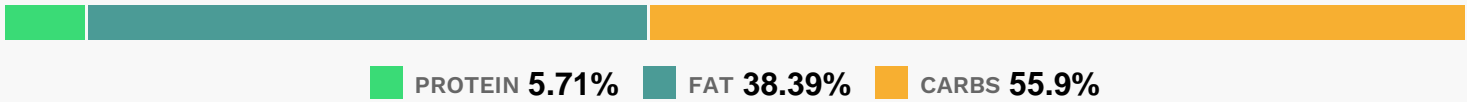
Equipment

- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Beat butter at medium speed with an electric mixer until creamy; gradually add sugar, beating well.
- ☐ Add eggs, 1 at a time, beating until blended after each addition.
- ☐ Combine flour, baking soda, and mace; add to butter mixture, beating until blended.
- ☐ Divide dough into 8 portions; divide each portion into 12 pieces.
- ☐ Roll each piece into a 3-inch log, and gently press ends together to form a circle.
- ☐ Place 1/3 cup sugar in a saucer. Gently press 1 side of cookies in sugar, and place, sugared side up, on greased baking sheets; flatten cookies slightly.
- ☐ Bake at 350 for 10 to 12 minutes or until cookies are lightly browned.
- ☐ Transfer to wire racks to cool.

Nutrition Facts



Properties

Glycemic Index:2.24, Glycemic Load:4.81, Inflammation Score:-1, Nutrition Score:0.92913042454292%

Nutrients (% of daily need)

Calories: 48.24kcal (2.41%), Fat: 2.07g (3.18%), Saturated Fat: 0.44g (2.73%), Carbohydrates: 6.78g (2.26%), Net Carbohydrates: 6.64g (2.41%), Sugar: 2.79g (3.1%), Cholesterol: 3.88mg (1.29%), Sodium: 35.33mg (1.54%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.69g (1.38%), Selenium: 2.1µg (3%), Vitamin B1: 0.04mg (2.77%), Folate: 10.06µg (2.52%), Vitamin B2: 0.03mg (1.88%), Manganese: 0.04mg (1.81%), Vitamin A: 90.37IU (1.81%), Vitamin B3: 0.31mg (1.55%), Iron: 0.26mg (1.47%)