



Muddy Buddies® Snickerdoodle Mocha Martinis

READY IN



10 min.

SERVINGS



10

CALORIES



151 kcal

SIDE DISH

Ingredients

- ☐ 3 tablespoons mrs richardson's butterscotch caramel sauce
- ☐ 0.3 cup asian rice cracker snack mix crushed chex mix® muddy buddies®
- ☐ 4 oz general foods international suisse mocha cafe
- ☐ 4 oz chocolate white
- ☐ 2 oz evaporated milk canned

Equipment

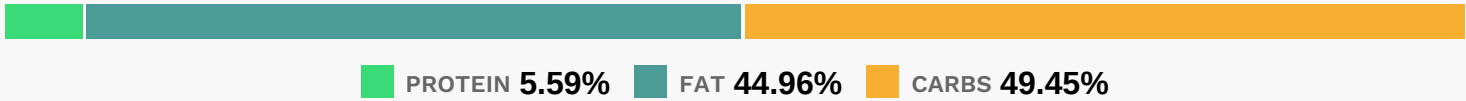
- ☐ bowl

☐ measuring cup

Directions

- ☐ In separate small bowls, place chocolate syrup and snack mix. Dip rims of 10 martini glasses or shot glasses into the chocolate syrup then into the snack mix.
- ☐ In 2-cup glass measuring cup, mix mocha liqueur, white chocolate liqueur and evaporated milk.
- ☐ Pour 1 oz of mixture into each shot glass.

Nutrition Facts



Properties

Glycemic Index:7, Glycemic Load:4.68, Inflammation Score:-1, Nutrition Score:2.2291304426997%

Nutrients (% of daily need)

Calories: 151.25kcal (7.56%), Fat: 7.66g (11.79%), Saturated Fat: 4.19g (26.2%), Carbohydrates: 18.96g (6.32%), Net Carbohydrates: 17.98g (6.54%), Sugar: 15.64g (17.38%), Cholesterol: 5.58mg (1.86%), Sodium: 52.97mg (2.3%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 95.14mg (31.71%), Protein: 2.15g (4.29%), Calcium: 52.61mg (5.26%), Phosphorus: 52.4mg (5.24%), Vitamin B2: 0.09mg (5.07%), Manganese: 0.08mg (4.17%), Magnesium: 16.14mg (4.04%), Fiber: 0.99g (3.94%), Copper: 0.07mg (3.74%), Potassium: 96.39mg (2.75%), Iron: 0.43mg (2.38%), Zinc: 0.31mg (2.06%), Vitamin K: 2.02µg (1.92%), Selenium: 1.17µg (1.67%), Vitamin B12: 0.09µg (1.43%), Vitamin B5: 0.14mg (1.36%), Vitamin B3: 0.26mg (1.29%), Vitamin B1: 0.02mg (1.25%), Vitamin E: 0.17mg (1.11%)