

Mudslide Brownies

READY IN

ready

55 min.

SERVINGS

servings

12

CALORIES

calories

365 kcal

DESSERT

Ingredients

- ☐ 0.3 cup pre-made mudslide drink recommended: T.G.I. Friday's
- ☐ 18.3 ounce fudge brownie mix recommended: Betty Crocker
- ☐ 0.5 cup chocolate chips mini
- ☐ 8 ounce block cream cheese softened
- ☐ 3 eggs divided
- ☐ 1 tablespoon coffee crystals instant
- ☐ 0.5 cup sugar
- ☐ 0.7 cup vegetable oil
- ☐ 1 tablespoon water hot

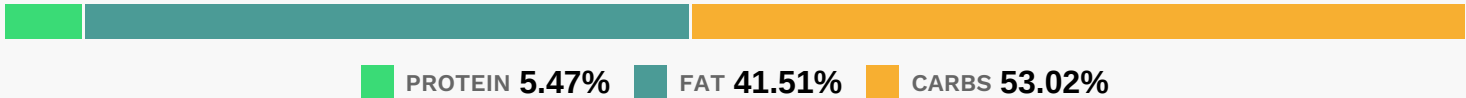
Equipment

- ☐ bowl
- ☐ oven
- ☐ baking pan
- ☐ hand mixer
- ☐ butter knife

Directions

- ☐ Preheat oven to 350 degrees F. Lightly spray a 9 by 13-inch baking pan with butter-flavored cooking spray; set aside.
- ☐ In a medium bowl, combine brownie mix, 2 eggs, vegetable oil, and mudslide drink.
- ☐ Mix well to combine.
- ☐ Transfer to prepared baking pan and set aside.
- ☐ In a medium bowl, combine instant coffee and 1 tablespoon of hot water. Stir together until all the coffee has dissolved.
- ☐ Add cream cheese, sugar and remaining egg. Using an electric mixer beat on low speed until smooth. Fold in chocolate chips.
- ☐ Spread over brownie mixture. Use a butter knife to cut cream cheese mixture into brownie mixture for a marble effect.
- ☐ Bake in preheated oven for 40 to 45 minutes.
- ☐ Remove from oven and cool completely.

Nutrition Facts



Properties

Glycemic Index:8.09, Glycemic Load:6.1, Inflammation Score:-2, Nutrition Score:2.6730434578722%

Nutrients (% of daily need)

Calories: 365.49kcal (18.27%), Fat: 16.98g (26.13%), Saturated Fat: 6.74g (42.15%), Carbohydrates: 48.8g (16.27%), Net Carbohydrates: 48.6g (17.67%), Sugar: 35.2g (39.11%), Cholesterol: 61.13mg (20.38%), Sodium: 207.86mg (9.04%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 13.08mg (4.36%), Protein: 5.03g (10.07%), Iron: 1.54mg (8.57%), Selenium: 5.1µg (7.29%), Vitamin A: 330.02IU (6.6%), Vitamin B2: 0.1mg (5.63%), Vitamin K: 4.89µg (4.66%), Phosphorus: 43.27mg (4.33%), Calcium: 37.24mg (3.72%), Vitamin E: 0.48mg (3.17%), Vitamin B5: 0.28mg (2.77%), Vitamin B12: 0.14µg (2.32%), Folate: 6.87µg (1.72%), Zinc: 0.24mg (1.59%), Potassium: 55.04mg (1.57%), Vitamin D: 0.22µg (1.47%), Vitamin B6: 0.03mg (1.47%), Magnesium: 4.73mg (1.18%)