

Muffuletta Pinwheels

READY IN



150 min.

SERVINGS



50

CALORIES



209 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 cup olives black finely chopped
- 16 ounce cream cheese softened
- 50 servings olive oil extra virgin
- 5 10-inch flour tortilla ()
- 1 pinch garlic powder
- 0.3 pound deli honey ham thinly sliced
- 0.3 pound mozzarella cheese thinly sliced
- 1 pinch oregano dried
- 0.3 cup pimiento stuffed olives green finely chopped

0.3 pound provolone cheese thinly sliced

0.3 pound genoa salami thinly sliced

Equipment

bowl

aluminum foil

Directions

Combine green olives, black olives, 1/2 teaspoon oregano, and oil in a small bowl. Set aside. Beat together cream cheese, pinch of oregano, and pinch of garlic salt.

Spread the mixture onto tortillas.

Sprinkle olive mixture over the top of each. Starting at the top of each tortilla and about 1/8 inch down place a slice of ham, provolone, salami, and mozzarella slightly overlapping each slice.

Roll the tortillas up and wrap in foil. Chill for at least 2 hours.

Remove the foil and slice on a 45 degree angle into 1-inch pieces.

Nutrition Facts



PROTEIN 6.12% **FAT 86%** **CARBS 7.88%**

Properties

Glycemic Index:3.06, Glycemic Load:1.26, Inflammation Score:-1, Nutrition Score:3.2052173659853%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg

Nutrients (% of daily need)

Calories: 209.06kcal (10.45%), Fat: 20.21g (31.09%), Saturated Fat: 5.1g (31.86%), Carbohydrates: 4.17g (1.39%), Net Carbohydrates: 3.86g (1.4%), Sugar: 0.65g (0.72%), Cholesterol: 15.72mg (5.24%), Sodium: 217.25mg (9.45%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.24g (6.47%), Vitamin E: 2.18mg (14.54%), Vitamin K: 9.26µg (8.82%), Selenium: 4.16µg (5.95%), Phosphorus: 53.53mg (5.35%), Calcium: 49.18mg (4.92%), Vitamin B1: 0.07mg (4.9%), Vitamin B2: 0.07mg (3.94%), Vitamin A: 164.23IU (3.28%), Vitamin B12: 0.18µg (3.05%), Vitamin B3: 0.56mg (2.78%), Zinc: 0.37mg (2.47%), Iron: 0.42mg (2.35%), Folate: 7.96µg (1.99%), Manganese: 0.04mg (1.93%), Vitamin

B6: 0.03mg (1.67%), Fiber: 0.31g (1.22%), Potassium: 41.58mg (1.19%), Magnesium: 4.58mg (1.14%), Vitamin B5:
0.11mg (1.12%)