

Muffuletta Slices

READY IN



15 min.

SERVINGS



18

CALORIES



97 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 crusty baguette french cut in half horizontally
- ☐ 0.3 cup creamy pimiento cheese (from 8-oz container)
- ☐ 6.5 oz marinated artichoke dry drained finely chopped well
- ☐ 0.3 cup basil pesto
- ☐ 0.5 cup roasted peppers red dry cut into 1 1/2-inch strips (from 12-oz jar)
- ☐ 0.3 lb genoa salami thinly sliced
- ☐ 1 large kalamata olives green assorted pitted

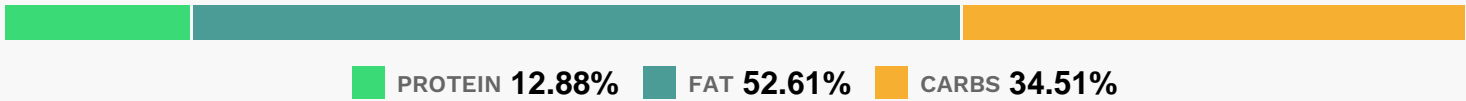
Equipment

- ☐ bowl
- ☐ toothpicks

Directions

- ☐ Remove some of soft bread from center of top half of baguette to make a long, narrow well. If desired, cut off about 1/2 inch of pointed ends of baguette.
- ☐ In small bowl, mix cream cheese spread and artichokes. Generously spread mixture in long, narrow well in top half of baguette.
- ☐ Spread pesto over cream cheese mixture.
- ☐ Place roasted pepper strips on bottom half of baguette. Fold salami slices in half; layer diagonally over peppers, overlapping slices slightly.
- ☐ Place top half of baguette, pesto side down, over salami; press halves together well. Thread olives onto toothpicks or cocktail picks; insert toothpicks through all layers at 1-inch intervals.
- ☐ Cut between toothpicks into 18 slices.

Nutrition Facts



Properties

Glycemic Index:5.54, Glycemic Load:4.61, Inflammation Score:-2, Nutrition Score:2.9769565165043%

Nutrients (% of daily need)

Calories: 97.38kcal (4.87%), Fat: 5.52g (8.49%), Saturated Fat: 1.45g (9.08%), Carbohydrates: 8.15g (2.72%), Net Carbohydrates: 7.54g (2.74%), Sugar: 1.16g (1.29%), Cholesterol: 7.04mg (2.35%), Sodium: 390.08mg (16.96%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.04g (6.08%), Vitamin B1: 0.14mg (9.36%), Selenium: 4µg (5.72%), Vitamin C: 4.17mg (5.06%), Vitamin B3: 1.01mg (5.03%), Vitamin A: 222.78IU (4.46%), Vitamin B2: 0.07mg (3.92%), Folate: 15.62µg (3.9%), Iron: 0.69mg (3.82%), Manganese: 0.08mg (3.75%), Calcium: 36.65mg (3.67%), Vitamin B12: 0.18µg (2.94%), Phosphorus: 28.41mg (2.84%), Vitamin B6: 0.06mg (2.8%), Zinc: 0.38mg (2.54%), Fiber: 0.61g (2.42%), Copper: 0.03mg (1.61%), Magnesium: 5.45mg (1.36%), Potassium: 46.81mg (1.34%), Vitamin B5: 0.12mg (1.21%)