



## Mummy-Face Pizzas

READY IN



15 min.

SERVINGS



15

CALORIES



21 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 1 bagels plain
- 4 slices olives black
- 2 Tbsp classico pizza sauce traditional
- 2 sticks polly-o mozzarella string cheese kraft

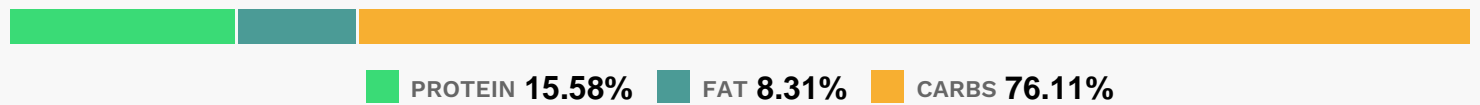
### Equipment

- baking sheet
- oven

## Directions

- Heat oven to 400F.
- Spread bagel halves with sauce. Pull cheese into thin strips; place in random criss-cross fashion on tops of bagels to resemble mummy bandages. Trim ends with kitchen shears.
- Add olives for the eyes.
- Place on baking sheet.
- Bake 10 min. or until bagels are crisp and cheese is melted.

## Nutrition Facts



## Properties

Glycemic Index:7.8, Glycemic Load:2.61, Inflammation Score:-1, Nutrition Score:0.4343478265016%

## Nutrients (% of daily need)

Calories: 20.5kcal (1.02%), Fat: 0.19g (0.29%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 3.86g (1.29%), Net Carbohydrates: 3.66g (1.33%), Sugar: 0.07g (0.08%), Cholesterol: 0.07mg (0.02%), Sodium: 52.07mg (2.26%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.79g (1.58%), Manganese: 0.04mg (2%)