



Mutticano Cocktail

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



129 kcal

BEVERAGE

DRINK

Ingredients

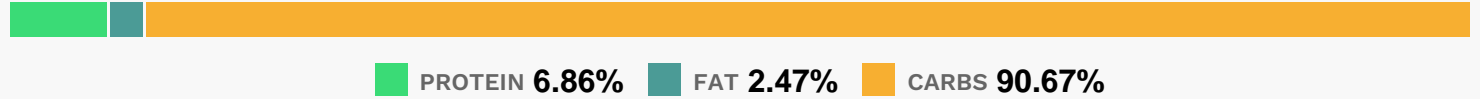
- 0.8 campari
- 1 serving seltzer water
- 1 serving ice cubes
- 1 serving cranberry-orange relish for garnish
- 30 ml orange juice chilled freshly squeezed
- 30 ml vodka

Equipment

Directions

- Place the vodka, Campari, and orange juice in a cocktail shaker and stir to combine. Fill a rocks glass with ice and pour in the mixture.
- Add just a splash of soda and garnish with the orange twist.

Nutrition Facts



Properties

Glycemic Index:109.5, Glycemic Load:5.26, Inflammation Score:-6, Nutrition Score:6.1860868735644%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 28.28mg, Hesperetin: 28.28mg, Hesperetin: 28.28mg, Hesperetin: 28.28mg Naringenin: 14.46mg, Naringenin: 14.46mg, Naringenin: 14.46mg, Naringenin: 14.46mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.15mg, Myricetin: 0.15mg, Myricetin: 0.15mg, Myricetin: 0.15mg Quercetin: 0.48mg, Quercetin: 0.48mg, Quercetin: 0.48mg, Quercetin: 0.48mg

Nutrients (% of daily need)

Calories: 128.75kcal (6.44%), Fat: 0.17g (0.26%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 14.09g (4.7%), Net Carbohydrates: 11.87g (4.32%), Sugar: 11.06g (12.29%), Cholesterol: 0mg (0%), Sodium: 3.63mg (0.16%), Alcohol: 10.33g (100%), Alcohol %: 6.25% (100%), Protein: 1.07g (2.13%), Vitamin C: 63.6mg (77.1%), Folate: 36.43µg (9.11%), Fiber: 2.22g (8.89%), Vitamin B1: 0.11mg (7.21%), Potassium: 226.12mg (6.46%), Vitamin A: 265.39IU (5.31%), Calcium: 41.19mg (4.12%), Vitamin B6: 0.07mg (3.33%), Copper: 0.07mg (3.32%), Magnesium: 13.03mg (3.26%), Vitamin B5: 0.28mg (2.85%), Vitamin B2: 0.05mg (2.8%), Phosphorus: 19.47mg (1.95%), Vitamin B3: 0.38mg (1.9%), Manganese: 0.03mg (1.35%), Vitamin E: 0.17mg (1.16%)