

DINNER

Nacho Dog

14 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
40 min	30 min	10 min	8	\$1.98	636 kcal



You can never have too many American recipes, so give Nacho Dog a try. For \$1.98 per serving, this recipe covers 20% of your daily requirements of vitamins and minerals. One portion of this dish contains roughly 22g of protein, 41g of fat, and a total of 755 calories. This recipe serves 8.

Ingredients

- ☐ 8 servings Freshly ground black pepper
- ☐ 4 tablespoons canola oil
- ☐ 8 servings Fried blue corn tortilla chips, coarsely crumbled
- ☐ 2 ripe Hass avocados, peeled, pitted and coarsely chopped
- ☐ 8 kosher beef or turkey or chicken hot dogs
- ☐ 1 lime, juiced
- ☐ 2 tablespoons canola oil
- ☐ 2 teaspoons chipotle in adobo puree
- ☐ 3 tablespoons chopped fresh cilantro leaves
- ☐ 8 hot dog buns, split 3/4 of the way through
- ☐ 1 large jalapeno, finely diced
- ☐ 8 pickled jalapenos, thinly sliced

☐ 4 plum tomatoes

☐ 3 tablespoons red wine vinegar

☐ 1½ cups grated white Cheddar

☐ 3 tablespoons finely diced red onion

☐ 8 servings Salt

EQUIPMENT Bowl, Whisk, Grill

Method

- 1 Watch how to make this recipe.
- 2 Combine the avocados, jalapeno, onion, lime juice, oil and cilantro in a bowl and gently mix until combined. Season with salt and pepper.
- 3 Heat the grill to high.
- 4 Brush tomatoes with 2 tablespoons of the canola oil and season with salt and pepper.
- 5 Place on the grill and grill until charred on all sides.
- 6 Remove from the grill, slice the tomatoes in half, remove the seeds and coarsely chop.
- 7 Whisk together the remaining 2 tablespoons of oil, vinegar, chipotle puree and onion in a small bowl, add the tomatoes and stir to combine. Season with salt and pepper.
- 8 Preheat the grill to high. Grill hot dogs until golden brown on all sides, about 7 minutes.
- 9 Remove to a plate.
- 10 Place buns on the grill cut side down and grill until lightly golden brown, about 20 seconds.
- 11 Place hot dogs in the buns, top with cheese, jalapeno, guacamole, salsa and tortilla chips.

Nutrition per serving

636

KCAL

17 g

PROTEIN

39 g

FAT

56 g

CARBS

Saturated Fat	9.4 g · 59% of daily needs
Fibre	6.7 g · 27% of daily needs
Sugar	5.2 g · 6% of daily needs
Sodium	1,198 mg · 52% of daily needs
Cholesterol	41.4 mg · 14% of daily needs
Vitamin C	14.9 mg · 18% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at whatsheate.com/nacho-dog-142451