



Nana V's Company Cake

READY IN



45 min.

SERVINGS



1

CALORIES



3460 kcal

DESSERT

Ingredients

- 8 ounce cream cheese
- 12 ounce non-dairy whipped topping frozen thawed
- 18.3 ounce duncan hines classic decadent cake mix yellow

Equipment

- bowl

Directions

- Prepare cake mix as directed on package.

- For the frosting: In a large bowl, beat cream cheese until smooth, then fold in whipped topping and mix until smooth.
- Spread on top of cooled cake.
- Top with sliced fresh fruits, such as strawberries, kiwi, peaches, pineapple, blueberries, etc.

Nutrition Facts



Properties

Glycemic Index:27, Glycemic Load:3.38, Inflammation Score:-10, Nutrition Score:46.866087125695%

Nutrients (% of daily need)

Calories: 3459.78kcal (172.99%), Fat: 136.97g (210.72%), Saturated Fat: 92.64g (578.98%), Carbohydrates: 519.18g (173.06%), Net Carbohydrates: 512.97g (186.53%), Sugar: 312.79g (347.54%), Cholesterol: 235.87mg (78.62%), Sodium: 4723.6mg (205.37%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 43.3g (86.59%), Phosphorus: 2098.29mg (209.83%), Calcium: 1553.2mg (155.32%), Vitamin B2: 2.02mg (119%), Folate: 382.44µg (95.61%), Vitamin B1: 1.32mg (87.69%), Vitamin A: 3297.62IU (65.95%), Iron: 11.35mg (63.06%), Vitamin B3: 12.52mg (62.62%), Selenium: 43.19µg (61.7%), Vitamin E: 8.41mg (56.08%), Manganese: 1.01mg (50.66%), Vitamin B5: 3.18mg (31.76%), Vitamin B6: 0.59mg (29.67%), Vitamin K: 30.65µg (29.19%), Vitamin B12: 1.7µg (28.28%), Potassium: 886.14mg (25.32%), Fiber: 6.21g (24.83%), Magnesium: 95.96mg (23.99%), Copper: 0.45mg (22.37%), Zinc: 2.87mg (19.14%)