



Napoleon's Loss from 1534



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



6 min.

SERVINGS



1

CALORIES



366 kcal

BEVERAGE

DRINK

Ingredients



1.5 ounces agave nectar



0.8 ounce agave nectar



1.5 ounces ginger fresh



0.5 ounce juice of lemon fresh



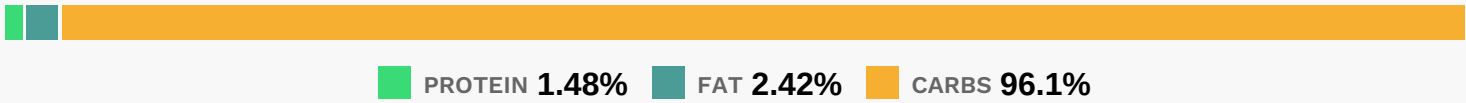
2 ounces tequila

Equipment

Directions

- ☐
- For the ginger–agave syrup: In a resealable jar, stir ginger juice into agave nectar until loosened. Cover and shake well. Store for up to 1 week, shake before using. Recipe makes enough syrup for four cocktails.
- ☐
- Combine lemon juice, ginger–agave syrup, and tequila in a cocktail shaker. Fill shaker with ice and shake until well chilled, about 15 seconds.
- ☐
- Strain into a double rocks glass over a large ice cube. Top with mezcal and serve.

Nutrition Facts



Properties

Glycemic Index:60, Glycemic Load:8.3, Inflammation Score:-5, Nutrition Score:4.8443478846356%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 365.85kcal (18.29%), Fat: 0.64g (0.98%), Saturated Fat: 0.09g (0.57%), Carbohydrates: 57.27g (19.09%), Net Carbohydrates: 56.25g (20.45%), Sugar: 44.45g (49.39%), Cholesterol: 0mg (0%), Sodium: 8.79mg (0.38%), Alcohol: 18.94g (100%), Alcohol %: 13.55% (100%), Protein: 0.88g (1.76%), Vitamin C: 18.46mg (22.37%), Vitamin K: 14.39µg (13.71%), Vitamin B6: 0.22mg (11.22%), Vitamin B2: 0.12mg (7.3%), Folate: 26.65µg (6.66%), Vitamin B1: 0.1mg (6.35%), Copper: 0.12mg (5.8%), Manganese: 0.11mg (5.62%), Potassium: 194.76mg (5.56%), Vitamin E: 0.76mg (5.05%), Magnesium: 19.77mg (4.94%), Fiber: 1.02g (4.08%), Vitamin B3: 0.78mg (3.89%), Selenium: 1.4µg (1.99%), Iron: 0.35mg (1.93%), Phosphorus: 18.5mg (1.85%), Zinc: 0.18mg (1.2%), Vitamin B5: 0.1mg (1.05%)