



Neapolitan Cupcakes

READY IN



84 min.

SERVINGS



24

CALORIES



180 kcal

DESSERT

Ingredients

- 1 pkg brownie mix (18.3 to 19.5 oz.) (13x9-inch pan size)
- 1 pkg betty delights super strawberry cake mix (2-layer size)
- 16 oz ready-to-spread vanilla frosting
- 1 cup cool whip whipped topping thawed

Equipment

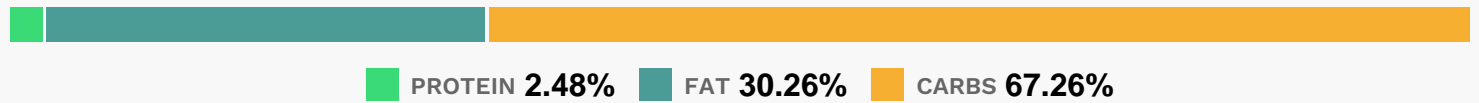
- bowl
- oven
- whisk

- toothpicks
- muffin liners

Directions

- Heat oven to 350F.
- Prepare brownie batter, then cake batter in separate bowls as directed on packages. Spoon brownie batter into 24 paper-lined muffin cups; cover with cake batter.
- Bake 21 to 24 min. or until toothpick inserted in centers comes out clean. Cool cupcakes in pans 10 min.
- Remove from pans to wire racks; cool completely.
- Spoon frosting into medium bowl.
- Add COOL WHIP; whisk until blended.
- Spread onto cupcakes.

Nutrition Facts



Properties

Glycemic Index:1.79, Glycemic Load:5.52, Inflammation Score:1, Nutrition Score:0.61260869572668%

Nutrients (% of daily need)

Calories: 179.89kcal (8.99%), Fat: 6.05g (9.3%), Saturated Fat: 1.47g (9.19%), Carbohydrates: 30.24g (10.08%), Net Carbohydrates: 30.24g (11%), Sugar: 23.22g (25.8%), Cholesterol: 0.06mg (0.02%), Sodium: 99.36mg (4.32%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.11g (2.23%), Vitamin B2: 0.06mg (3.53%), Iron: 0.63mg (3.51%), Vitamin K: 2.56µg (2.44%), Vitamin E: 0.3mg (2.03%)