



Neapolitan Cupcakes

READY IN



105 min.

SERVINGS



24

CALORIES



288 kcal

DESSERT

Ingredients

- 1 box cake mix white
- 0.5 teaspoon almond extract
- 0.5 teaspoon vanilla
- 0.3 cup cocoa powder unsweetened
- 0.5 cup semisweet chocolate chips miniature
- 12 oz chocolate frosting
- 12 oz fluffy frosting white
- 12 oz fluffy frosting
- 1 serving sprinkles assorted

1 serving semisweet chocolate chips miniature

Equipment

bowl

oven

muffin liners

Directions

Heat oven to 350°F (325°F for dark or nonstick pans).

Place white paper baking cup in each of 24 regular-size muffin cups.

Make cake mix as directed on box for cupcakes, using water, oil and egg whites and adding almond extract and vanilla.

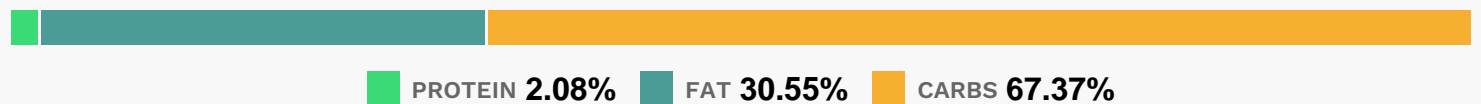
Pour half of batter into small bowl; stir in cocoa and 1/2 cup chocolate chips. Divide chocolate batter evenly among muffin cups. Carefully spoon white batter evenly over chocolate batter.

Bake as directed on box. Cool 10 minutes.

Remove cupcakes from pans to cooling racks. Cool completely, about 30 minutes.

Frost cupcakes with a layer of chocolate frosting, white frosting and strawberry frosting. Decorate with candy sprinkles and additional chocolate chips.

Nutrition Facts



Properties

Glycemic Index:3.58, Glycemic Load:8.28, Inflammation Score:-1, Nutrition Score:3.8052173666656%

Flavonoids

Catechin: 0.58mg, Catechin: 0.58mg, Catechin: 0.58mg, Catechin: 0.58mg Epicatechin: 1.76mg, Epicatechin: 1.76mg, Epicatechin: 1.76mg, Epicatechin: 1.76mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 287.97kcal (14.4%), Fat: 9.93g (15.28%), Saturated Fat: 3.23g (20.21%), Carbohydrates: 49.27g (16.42%), Net Carbohydrates: 48.17g (17.52%), Sugar: 37.37g (41.53%), Cholesterol: 0.3mg (0.1%), Sodium: 228.09mg (9.92%),

Alcohol: 0.06g (100%), Alcohol %: 0.1% (100%), Caffeine: 6.62mg (2.21%), Protein: 1.52g (3.05%), Phosphorus: 108.41mg (10.84%), Manganese: 0.18mg (8.94%), Vitamin B2: 0.14mg (8.21%), Copper: 0.14mg (7.1%), Iron: 1.11mg (6.14%), Vitamin E: 0.87mg (5.82%), Calcium: 53.41mg (5.34%), Magnesium: 18.87mg (4.72%), Folate: 17.78µg (4.44%), Vitamin K: 4.65µg (4.43%), Fiber: 1.09g (4.37%), Selenium: 2.54µg (3.63%), Vitamin B1: 0.05mg (3.58%), Vitamin B3: 0.66mg (3.28%), Potassium: 92.82mg (2.65%), Zinc: 0.35mg (2.35%)