

Negroni

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



232 kcal

BEVERAGE

DRINK

Ingredients

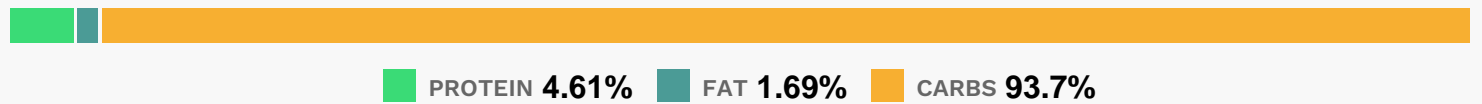
- 1 ounce campari
- 1 ounce hendrick's gin dry
- 1 cup ice cubes
- 1 navel oranges
- 1 ounce mirin sweet

Equipment

Directions

- In chilled cocktail shaker or pint glass, stir together vermouth, Campari, gin, and ice until well combined. Strain into martini glass and garnish with orange twist.
- At Tailor, Freeman garnishes this drink with a "flaming orange twist": From a whole orange, cut a piece of zest about the size of a half dollar—cut the peel so there is just skin, no bitter white pith. Light a match, let it burn for two seconds to get rid of excess sulfur, and then hold it three inches over the cocktail and about one inch away from the zest. The darker orange side should face down, over the drink. Squeeze to release the oils into the drink. Then drop in the zest and serve.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-7, Nutrition Score:8.0813043221183%

Flavonoids

Hesperetin: 30.62mg, Hesperetin: 30.62mg, Hesperetin: 30.62mg, Hesperetin: 30.62mg Naringenin: 9.94mg, Naringenin: 9.94mg, Naringenin: 9.94mg, Naringenin: 9.94mg Luteolin: 0.98mg, Luteolin: 0.98mg, Luteolin: 0.98mg, Luteolin: 0.98mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.28mg, Quercetin: 0.28mg, Quercetin: 0.28mg, Quercetin: 0.28mg

Nutrients (% of daily need)

Calories: 232.46kcal (11.62%), Fat: 0.21g (0.32%), Saturated Fat: 0.02g (0.15%), Carbohydrates: 26.27g (8.76%), Net Carbohydrates: 23.19g (8.43%), Sugar: 11.9g (13.22%), Cholesterol: 0mg (0%), Sodium: 13.51mg (0.59%), Alcohol: 18.6g (100%), Alcohol %: 5.11% (100%), Protein: 1.29g (2.59%), Vitamin C: 82.74mg (100.29%), Fiber: 3.08g (12.32%), Folate: 47.6µg (11.9%), Vitamin A: 345.8IU (6.92%), Calcium: 67.3mg (6.73%), Potassium: 232.97mg (6.66%), Vitamin B1: 0.1mg (6.46%), Vitamin B6: 0.11mg (5.54%), Copper: 0.1mg (4.92%), Magnesium: 17.77mg (4.44%), Vitamin B2: 0.07mg (4.27%), Vitamin B5: 0.37mg (3.65%), Phosphorus: 33.33mg (3.33%), Vitamin B3: 0.6mg (2.99%), Manganese: 0.05mg (2.29%), Vitamin E: 0.21mg (1.4%), Iron: 0.19mg (1.07%)