

Negroni Cocktail I



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



2 min.

SERVINGS



1

CALORIES



133 kcal

BEVERAGE

DRINK

Ingredients



0.8 fluid ounce campari



2 fluid ounces carbonated water



0.8 fluid ounce hendrick's gin



1 wedge lemon for garnish



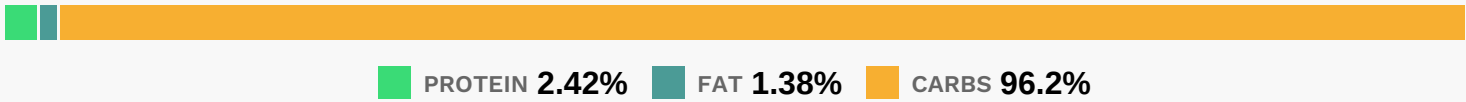
0.8 fluid ounce vermouth sweet

Equipment

Directions

☐ In a rocks glass over ice, combine campari, gin, sweet vermouth. Fill with carbonated water and garnish with a wedge of lemon.

Nutrition Facts



Properties

Glycemic Index:40.5, Glycemic Load:0.3, Inflammation Score:-3, Nutrition Score:0.92608697258908%

Flavonoids

Eriodictyol: 3.84mg, Eriodictyol: 3.84mg, Eriodictyol: 3.84mg, Eriodictyol: 3.84mg Hesperetin: 5.02mg, Hesperetin: 5.02mg, Hesperetin: 5.02mg, Hesperetin: 5.02mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg Luteolin: 0.34mg, Luteolin: 0.34mg, Luteolin: 0.34mg, Luteolin: 0.34mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg

Nutrients (% of daily need)

Calories: 133.41kcal (6.67%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 8.49g (2.83%), Net Carbohydrates: 7.99g (2.91%), Sugar: 0.45g (0.5%), Cholesterol: 0mg (0%), Sodium: 13mg (0.57%), Alcohol: 14.55g (100%), Alcohol %: 12.83% (100%), Protein: 0.21g (0.43%), Vitamin C: 9.54mg (11.56%), Fiber: 0.5g (2.02%)