



Neopolitan



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



928 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 3 ounces 1/4 cup dried cranberry (juice sweetened if possible) unsweetened
- ☐ 0.3 ounce optional: lemon
- ☐ 18 leaves optional: lemon fresh
- ☐ 1 serving orange zest fresh for garnish
- ☐ 1 serving rosemary leaves fresh for garnish
- ☐ 1 cup caster sugar
- ☐ 1.5 ounces vodka
- ☐ 1 cup water

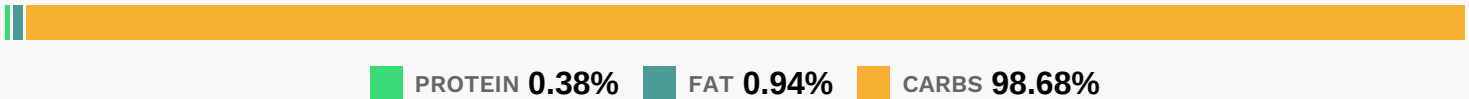
Equipment

- ☐ sauce pan
- ☐ peeler

Directions

- ☐ To make the syrup
- ☐ In heavy medium saucepan over medium heat, stir together water and sugar until sugar dissolves. Simmer 3 minutes. Reduce heat to low, and add lemon verbena.
- ☐ Let steep 30 minutes, then strain and let cool. Cover and refrigerate syrup until cold, about 1 hour. Makes about 1 cup.
- ☐ To make the drink
- ☐ In cocktail shaker filled with ice, combine vodka, lemon verbena syrup, and cranberry juice. Shake vigorously for about 6 seconds, then strain into 6-ounce cocktail glass.
- ☐ Garnish with orange peel and rosemary sprig, if using.
- ☐ Optional variation from the Epicurious test kitchen
- ☐ If you can't find fresh lemon verbena, substitute the zest of 1 lemon, removed in strips with a vegetable peeler. Use an organic lemon if you can, or scrub it well before zesting to remove any pesticides.

Nutrition Facts



Properties

Glycemic Index:192.09, Glycemic Load:145.8, Inflammation Score:-4, Nutrition Score:4.866956524227%

Flavonoids

Eriodictyol: 5.36mg, Eriodictyol: 5.36mg, Eriodictyol: 5.36mg, Eriodictyol: 5.36mg Hesperetin: 7mg, Hesperetin: 7mg, Hesperetin: 7mg, Hesperetin: 7mg Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.5mg, Luteolin: 0.5mg, Luteolin: 0.5mg, Luteolin: 0.5mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

Nutrients (% of daily need)

Calories: 927.58kcal (46.38%), Fat: 0.91g (1.4%), Saturated Fat: 0.05g (0.31%), Carbohydrates: 215.12g (71.71%), Net Carbohydrates: 212.92g (77.43%), Sugar: 210.52g (233.91%), Cholesterol: 0mg (0%), Sodium: 17.08mg (0.74%), Alcohol: 14.2g (100%), Alcohol %: 2.99% (100%), Protein: 0.82g (1.64%), Vitamin C: 37.74mg (45.75%), Fiber: 2.2g (8.8%), Vitamin E: 1.09mg (7.25%), Copper: 0.13mg (6.31%), Calcium: 44.91mg (4.49%), Vitamin B6: 0.09mg (4.44%), Vitamin B2: 0.07mg (4.33%), Vitamin K: 4.34µg (4.13%), Potassium: 136.65mg (3.9%), Iron: 0.63mg (3.5%), Magnesium: 13.03mg (3.26%), Vitamin A: 123.43IU (2.47%), Vitamin B1: 0.03mg (2.31%), Selenium: 1.51µg (2.15%), Folate: 8.3µg (2.08%), Phosphorus: 20.38mg (2.04%), Manganese: 0.03mg (1.26%), Zinc: 0.18mg (1.22%), Vitamin B5: 0.11mg (1.15%), Vitamin B3: 0.22mg (1.1%)