



New-Look Bloody Mary



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



180 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 teaspoon pepper black
- ☐ 0.5 teaspoon celery seed
- ☐ 8 celery stalks
- ☐ 2 teaspoons curry powder
- ☐ 1 cup juice of 1 mandarin (cut crosswise then tablespoon into jar over a strainer)
- ☐ 1 tablespoon horseradish prepared
- ☐ 1 teaspoon kosher salt
- ☐ 0.3 cup juice of lemon fresh

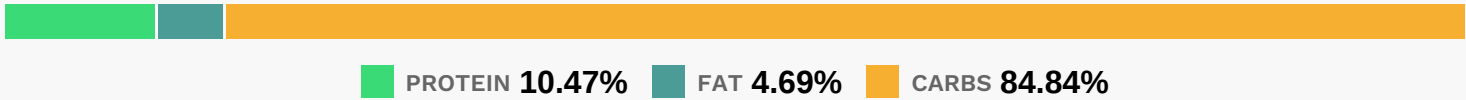
- ☐ 8 lemon wedges
- ☐ 1 teaspoon sriracha
- ☐ 4 cups sacramento tomato juice (preferably Campbell's)
- ☐ 2 cups vodka
- ☐ 2 teaspoons worcestershire sauce

Equipment

Directions

- ☐ Combine 4 cups tomatojuice (preferably
- ☐ Campbell's), 1 cup dillpickle juice, 1/4 cup freshlemon juice, 1 tablespoonprepared horseradish,2 teaspoons Worcestershiresauce, 2 teaspoons currypowder, 1 teaspoon Sriracha,1 teaspoon kosher salt, 1/2 teaspooncelery seeds, and 1/4 teaspoonblack pepper in a largepitcher. Chill overnight.
- ☐ Add 2 cups vodkato pitcher; stir well. Fill tallglasses with ice. Divide
- ☐ Bloody Mary cocktailamong glasses.
- ☐ Garnisheach with a celery stalkand a lemon wedge.

Nutrition Facts



Properties

Glycemic Index:21.98, Glycemic Load:1.85, Inflammation Score:-7, Nutrition Score:6.133478237235%

Flavonoids

Eriodictyol: 4.22mg, Eriodictyol: 4.22mg, Eriodictyol: 4.22mg, Eriodictyol: 4.22mg Hesperetin: 6.13mg, Hesperetin: 6.13mg, Hesperetin: 6.13mg, Hesperetin: 6.13mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Apigenin: 0.21mg, Apigenin: 0.21mg, Apigenin: 0.21mg, Apigenin: 0.21mg Luteolin: 1.34mg, Luteolin: 1.34mg, Luteolin: 1.34mg, Luteolin: 1.34mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Myricetin: 0.15mg, Myricetin: 0.15mg, Myricetin: 0.15mg, Myricetin: 0.15mg Quercetin: 1.69mg, Quercetin: 1.69mg, Quercetin: 1.69mg, Quercetin: 1.69mg

Nutrients (% of daily need)

Calories: 179.52kcal (8.98%), Fat: 0.26g (0.4%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 10.48g (3.49%), Net Carbohydrates: 9.14g (3.32%), Sugar: 5.34g (5.94%), Cholesterol: 0mg (0%), Sodium: 791.74mg (34.42%), Alcohol: 20.04g (100%), Alcohol %: 10.32% (100%), Protein: 1.29g (2.59%), Vitamin C: 35.96mg (43.59%), Vitamin A: 576.5IU (11.53%), Potassium: 349.62mg (9.99%), Vitamin B6: 0.16mg (8.25%), Folate: 31.26µg (7.81%), Manganese: 0.14mg (6.89%), Fiber: 1.34g (5.35%), Iron: 0.95mg (5.29%), Copper: 0.1mg (5.02%), Vitamin B1: 0.07mg (4.87%), Magnesium: 18.36mg (4.59%), Vitamin B3: 0.9mg (4.48%), Vitamin K: 4.62µg (4.4%), Vitamin E: 0.55mg (3.68%), Vitamin B5: 0.36mg (3.61%), Phosphorus: 33.38mg (3.34%), Vitamin B2: 0.05mg (3.15%), Calcium: 26.64mg (2.66%), Zinc: 0.25mg (1.68%)