

New Year's Eve Sparkler



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



40

CALORIES



22 kcal

BEVERAGE

DRINK

Ingredients



1 fifth brandy



1 quart club soda chilled



10 ounce pomegranate juice concentrate



1500 ml sparkling wine chilled

Equipment

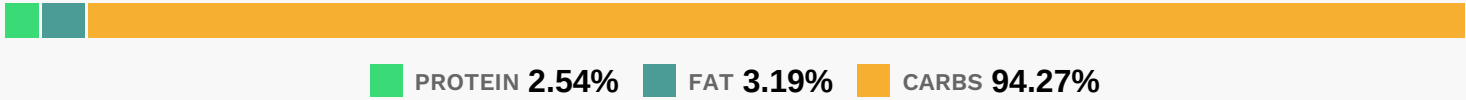


bowl

Directions

- ☐
- Combine chilled sparkling wine, brandy, pomegranate juice concentrate, and chilled club soda in a large punch bowl.
- ☐
- Reprinted with permission from Highballs High Heels (Chronicle, 200
- ☐
- by Karen Brooks, Gideon Bosker, and Reed Darmon.

Nutrition Facts



Properties

Glycemic Index:0.38, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.37304347429586%

Flavonoids

Cyanidin: 0.17mg, Cyanidin: 0.17mg, Cyanidin: 0.17mg, Cyanidin: 0.17mg Delphinidin: 0.06mg, Delphinidin: 0.06mg, Delphinidin: 0.06mg, Delphinidin: 0.06mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 22.21kcal (1.11%), Fat: 0.02g (0.03%), Saturated Fat: 0.01g (0.03%), Carbohydrates: 1.37g (0.46%), Net Carbohydrates: 1.36g (0.49%), Sugar: 1.32g (1.47%), Cholesterol: 0mg (0%), Sodium: 8.22mg (0.36%), Alcohol: 2.4g (100%), Alcohol %: 4.47% (100%), Protein: 0.04g (0.07%), Potassium: 48.56mg (1.39%), Magnesium: 4.47mg (1.12%)