



## No-Bake Holiday Cookie Ornaments

 Dairy Free

READY IN



45 min.

SERVINGS



20

CALORIES



29 kcal

DESSERT

### Ingredients

- 20 vanilla wafers
- 1 box poached berries hot flavored colors®
- 3 inch licorice rounds
- 1 serving coarse salt

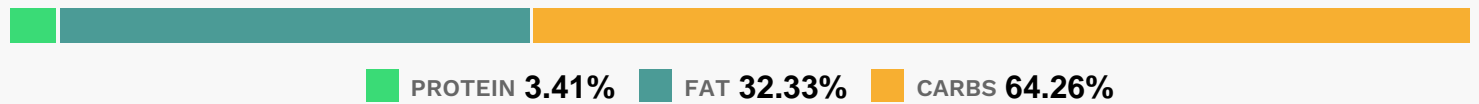
### Equipment

- baking sheet
- baking paper

## Directions

- Line cookie sheet with waxed paper or cooking parchment paper. Unroll and remove paper from Betty Crocker Fruit
- Roll-Ups.
- Cut each in fourths.
- Making a loop for ornament using string licorice, and attach to back side of cookie, securing under fruit snack as you wrap fruit snack around cookie. Decorate with sugar, or cut pieces from remaining fruit snack to decorate.
- Place on cookie sheet.

## Nutrition Facts



## Properties

Glycemic Index:3.85, Glycemic Load:3.31, Inflammation Score:-1, Nutrition Score:0.23173912946621%

## Flavonoids

Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg

## Nutrients (% of daily need)

Calories: 29.01kcal (1.45%), Fat: 1.05g (1.61%), Saturated Fat: 0.34g (2.14%), Carbohydrates: 4.69g (1.56%), Net Carbohydrates: 4.6g (1.67%), Sugar: 2.05g (2.28%), Cholesterol: 0.06mg (0.02%), Sodium: 35.59mg (1.55%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.25g (0.5%), Vitamin B1: 0.03mg (1.68%), Folate: 5.28µg (1.32%)