



## No-Bake Holiday Treats



Gluten Free



Dairy Free

READY IN



80 min.

SERVINGS



16

CALORIES



513 kcal

DESSERT

### Ingredients

- ☐ 0.3 cup butter
- ☐ 5 oz candy coating disks
- ☐ 6 cups honey
- ☐ 16 servings sprinkles

### Equipment

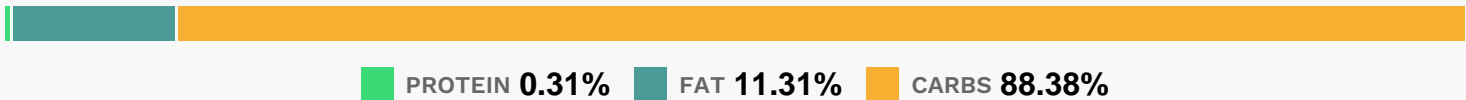
- ☐ bowl
- ☐ frying pan
- ☐ sauce pan

- ☐ cookie cutter
- ☐ microwave
- ☐ spatula

## Directions

- ☐ Butter bottom and sides of 13x9-inch pan. In very large bowl, place cereal. In 3-quart saucepan, heat butter and marshmallows over low heat, stirring constantly, until melted and smooth.
- ☐ Pour over cereal; stir until cereal is well coated.
- ☐ Using buttered back of spoon, press mixture evenly in pan.
- ☐ Let stand at room temperature about 1 hour or until firm.
- ☐ Loosen edges of cereal mixture with metal spatula; remove from pan.
- ☐ Cut into desired shapes with cookie cutters about 1 inch deep. In small bowl, microwave candy coating on High 1 to 2 minutes, stirring every 30 seconds, until melted and smooth. Dip tops of treats in coating, or drizzle coating over top of each.
- ☐ Sprinkle with edible glitter.

## Nutrition Facts



## Properties

Glycemic Index:3.27, Glycemic Load:54.62, Inflammation Score:-1, Nutrition Score:1.3426087076735%

## Nutrients (% of daily need)

Calories: 513.35kcal (25.67%), Fat: 6.86g (10.55%), Saturated Fat: 3.8g (23.76%), Carbohydrates: 120.52g (40.17%), Net Carbohydrates: 120.27g (43.73%), Sugar: 119.8g (133.11%), Cholesterol: 0mg (0%), Sodium: 52.25mg (2.27%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.42g (0.85%), Manganese: 0.1mg (5.09%), Vitamin A: 169.16IU (3.38%), Iron: 0.53mg (2.97%), Vitamin B2: 0.05mg (2.94%), Copper: 0.05mg (2.29%), Potassium: 68.09mg (1.95%), Zinc: 0.28mg (1.86%), Vitamin B6: 0.03mg (1.55%), Selenium: 1.02µg (1.45%), Fiber: 0.25g (1.02%)