



No Bake Lemonade Icebox Pie

READY IN

ready

75 min.

SERVINGS

servings

8

CALORIES

calories

1277 kcal

Ingredients

- ☐ 9 inch graham cracker crust prepared
- ☐ 1 cup pre-sweetened lemonade drink mix
- ☐ 8 ounce cup heavy whipping cream sour
- ☐ 14 ounce condensed milk sweetened canned

Equipment

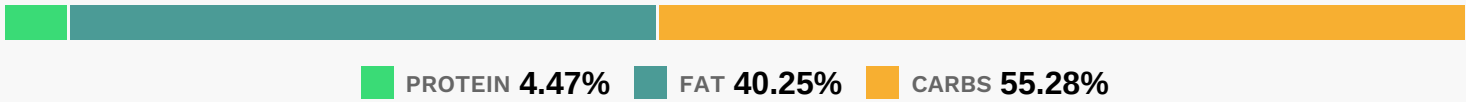
- ☐ bowl

Directions

- ☐ In a large bowl, mix together the lemonade mix with sour cream and condensed milk.

Pour mixture into pie crust. Cover and refrigerate for about an hour.

Nutrition Facts



Properties

Glycemic Index:7.63, Glycemic Load:16.46, Inflammation Score:-7, Nutrition Score:23.979565317216%

Nutrients (% of daily need)

Calories: 1276.55kcal (63.83%), Fat: 57.53g (88.51%), Saturated Fat: 15.15g (94.68%), Carbohydrates: 177.77g (59.26%), Net Carbohydrates: 174.03g (63.28%), Sugar: 88.38g (98.2%), Cholesterol: 33.59mg (11.2%), Sodium: 986.48mg (42.89%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 14.37g (28.74%), Manganese: 2.47mg (123.59%), Vitamin K: 42.42µg (40.4%), Vitamin B2: 0.66mg (38.9%), Phosphorus: 371.92mg (37.19%), Folate: 133.11µg (33.28%), Magnesium: 127.03mg (31.76%), Vitamin B3: 6.32mg (31.62%), Iron: 5.14mg (28.55%), Vitamin B1: 0.41mg (27.09%), Vitamin E: 3.76mg (25.09%), Calcium: 230.44mg (23.04%), Copper: 0.45mg (22.56%), Zinc: 2.98mg (19.85%), Selenium: 13.53µg (19.32%), Vitamin C: 12.42mg (15.05%), Fiber: 3.74g (14.97%), Potassium: 475.67mg (13.59%), Vitamin B6: 0.19mg (9.47%), Vitamin B5: 0.82mg (8.24%), Vitamin A: 313.45IU (6.27%), Vitamin B12: 0.28µg (4.63%)