



No-Bake Muddy Buddies® Snickerdoodle Drop Cookies

READY IN



65 min.

SERVINGS



50

CALORIES



93 kcal

Ingredients

- 8 oz baker's chocolate white chopped
- 14 oz condensed milk sweetened canned (not evaporated)
- 1 cup walnut pieces chopped
- 2.5 cups asian rice cracker snack mix crushed chex mix® muddy buddies®
- 0.8 cup coconut or shredded
- 4 oz baker's chocolate chopped
- 2 teaspoons shortening

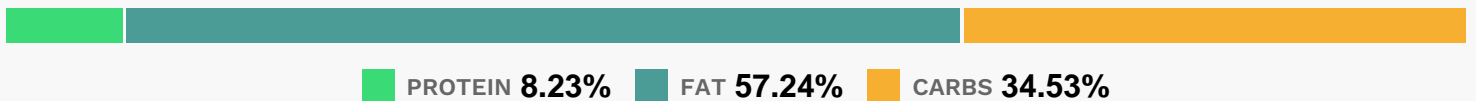
Equipment

- bowl
- baking sheet
- plastic wrap
- wax paper
- microwave
- muffin liners

Directions

- Place mini paper baking cup in each of 50 mini muffin cups or place wax paper on cookie sheet.
- In large microwavable bowl, microwave white chocolate uncovered on High 2 to 3 minutes, stirring every 30 seconds, until melted. Stir in condensed milk. Stir in walnuts, snack mix and coconut. Cover with plastic wrap.
- Let stand 15 to 20 minutes. Scoop by tablespoonfuls into muffin cups or cookie sheet. Refrigerate 2 hours.
- In medium microwavable bowl, microwave bittersweet baking chocolate and shortening uncovered on High in 30-second increments until mixture can be stirred smooth.
- Drizzle over top of each candy drop cookie. Refrigerate until set. Store refrigerated in airtight container.

Nutrition Facts



Properties

Glycemic Index:1.82, Glycemic Load:2.67, Inflammation Score:-2, Nutrition Score:3.9817391666381%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 4.38mg, Catechin: 4.38mg, Catechin: 4.38mg, Catechin: 4.38mg Epicatechin: 9.65mg, Epicatechin: 9.65mg, Epicatechin: 9.65mg, Epicatechin: 9.65mg

Nutrients (% of daily need)

Calories: 93.27kcal (4.66%), Fat: 6.66g (10.25%), Saturated Fat: 3.23g (20.2%), Carbohydrates: 9.05g (3.02%), Net Carbohydrates: 7.48g (2.72%), Sugar: 4.73g (5.25%), Cholesterol: 2.81mg (0.94%), Sodium: 32.19mg (1.4%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 5.44mg (1.81%), Protein: 2.16g (4.31%), Manganese: 0.41mg (20.29%), Copper: 0.27mg (13.42%), Iron: 1.42mg (7.91%), Magnesium: 29.87mg (7.47%), Fiber: 1.56g (6.25%), Phosphorus: 61.68mg (6.17%), Zinc: 0.86mg (5.76%), Calcium: 33.33mg (3.33%), Vitamin B2: 0.05mg (3.1%), Selenium: 2.16µg (3.09%), Potassium: 106.57mg (3.04%), Vitamin B1: 0.04mg (2.42%), Folate: 8.83µg (2.21%), Vitamin B3: 0.29mg (1.44%), Vitamin K: 1.3µg (1.24%), Vitamin B6: 0.02mg (1.23%), Vitamin B5: 0.1mg (1.03%)