



No-Bake Tiramisu Cheesecake

 Vegetarian

READY IN



212 min.

SERVINGS



12

CALORIES



495 kcal

Ingredients

- 0.3 cup butter melted
- 0.5 cup hot-brewed coffee cold brewed
- 16 ounce cream cheese softened
- 2.3 cups chocolate graham crackers crushed
- 0.3 cup juice of lemon
- 0.5 cup cup heavy whipping cream sour
- 14 ounce condensed milk sweetened canned
- 12 ounce vanilla wafers nilla® (such as)

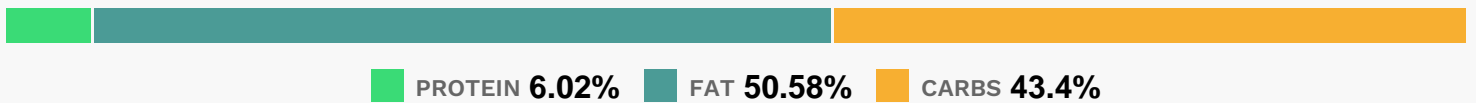
Equipment

- bowl
- frying pan
- oven
- hand mixer
- aluminum foil

Directions

- Preheat oven to 325 degrees F (165 degrees C). Line a 9x13-inch pan with aluminum foil, making sure to cover the sides and leaving several inches of aluminum foil on each end.
- Mix graham crackers and butter in a bowl until crackers are moist; pat down into the prepared pan.
- Bake in preheated oven until firm, about 12 minutes. Set aside to cool.
- Beat cream cheese in a bowl with an electric mixer until fluffy.
- Add sweetened condensed milk; continue beating until incorporated. Blend sour cream and lemon juice into the cream cheese mixture. Chill in refrigerator for 20 minutes.
- Dip each vanilla wafer cookie in the brewed coffee for a few seconds and arrange in a layer onto the cooled crust with about 1/2 inch between each cookie.
- Spread about 1/3 of the cream cheese mixture over the cookies. Repeat layering of cookies and cream cheese mixture twice more.
- Refrigerate until center is set, 2 1/2 to 3 hours.

Nutrition Facts



Properties

Glycemic Index:24.08, Glycemic Load:36.28, Inflammation Score:-5, Nutrition Score:7.1226087782694%

Flavonoids

Eriodictyol: 0.25mg, Eriodictyol: 0.25mg, Eriodictyol: 0.25mg, Eriodictyol: 0.25mg Hesperetin: 0.74mg, Hesperetin: 0.74mg, Hesperetin: 0.74mg, Hesperetin: 0.74mg Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 495.09kcal (24.75%), Fat: 28.21g (43.4%), Saturated Fat: 14.73g (92.07%), Carbohydrates: 54.46g (18.15%), Net Carbohydrates: 53.47g (19.44%), Sugar: 32.71g (36.35%), Cholesterol: 65.53mg (21.84%), Sodium: 419.49mg (18.24%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 3.95mg (1.32%), Protein: 7.56g (15.12%), Vitamin B2: 0.36mg (20.95%), Phosphorus: 179.24mg (17.92%), Calcium: 155.24mg (15.52%), Vitamin A: 774.15IU (15.48%), Vitamin B1: 0.2mg (13.38%), Selenium: 8.55µg (12.22%), Folate: 41.68µg (10.42%), Vitamin B3: 1.51mg (7.57%), Potassium: 249.47mg (7.13%), Magnesium: 23.61mg (5.9%), Zinc: 0.87mg (5.78%), Vitamin B5: 0.53mg (5.33%), Iron: 0.81mg (4.52%), Vitamin B12: 0.26µg (4.28%), Fiber: 0.99g (3.94%), Vitamin E: 0.53mg (3.55%), Vitamin C: 2.91mg (3.53%), Vitamin B6: 0.06mg (3.07%), Vitamin K: 1.48µg (1.41%)