



Nogtini



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



1

CALORIES



474 kcal

BEVERAGE

DRINK

Ingredients

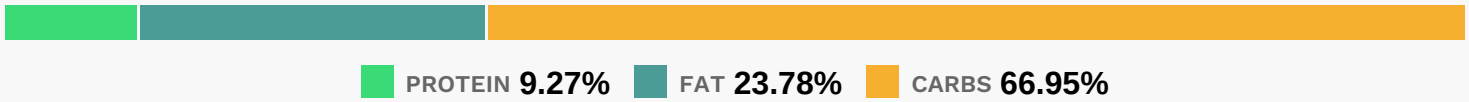
- ☐ 1 teaspoon chocolate syrup
- ☐ 2 fluid ounces coffee-flavored liqueur kahlua® (such as)
- ☐ 4 fluid ounces eggnog
- ☐ 1 pinch ground nutmeg
- ☐ 1 cup ice cubes or as needed
- ☐ 2 fluid ounces vodka
- ☐ 1 tablespoon whipped cream to taste

Equipment

Directions

- ☐ Swirl chocolate syrup around in a martini glass.
- ☐ Fill a cocktail shaker with ice.
- ☐ Pour eggnog, coffee-flavored liqueur, vodka, and 1/4 teaspoon nutmeg over ice; cover and shake. Strain mixture into prepared martini glass; garnish with whipped cream and 1 pinch nutmeg.

Nutrition Facts



Properties

Glycemic Index:195, Glycemic Load:5.75, Inflammation Score:-5, Nutrition Score:5.3408695925837%

Nutrients (% of daily need)

Calories: 474.32kcal (23.72%), Fat: 6.55g (10.08%), Saturated Fat: 4.03g (25.19%), Carbohydrates: 41.51g (13.84%), Net Carbohydrates: 41.17g (14.97%), Sugar: 40.33g (44.81%), Cholesterol: 73.21mg (24.4%), Sodium: 85.14mg (3.7%), Alcohol: 32.59g (100%), Alcohol %: 8.54% (100%), Protein: 5.75g (11.5%), Calcium: 167.95mg (16.79%), Phosphorus: 144.47mg (14.45%), Vitamin B2: 0.23mg (13.82%), Vitamin D: 1.44µg (9.58%), Vitamin B12: 0.55µg (9.09%), Magnesium: 30.41mg (7.6%), Selenium: 5.12µg (7.31%), Potassium: 217.07mg (6.2%), Vitamin A: 275.5IU (5.51%), Vitamin B5: 0.51mg (5.08%), Copper: 0.1mg (4.77%), Zinc: 0.64mg (4.28%), Vitamin B1: 0.05mg (3.25%), Vitamin B6: 0.06mg (3.14%), Manganese: 0.05mg (2.7%), Vitamin C: 1.81mg (2.2%), Iron: 0.38mg (2.11%), Vitamin E: 0.28mg (1.85%), Fiber: 0.34g (1.35%)